

2022 AAU Super Regionals  
 Sunday 29 May 2022  
 University of California, San Diego



TOURNAMENT: Sunday 29 May 2022 TIME: 9:00 AM

COACH/REFEREE SEMINAR: Saturday 28 May 2022 TIME: 4:00 PM – 6:00 PM

LOCATION: UCSD RIMAC Arena  
 9730 Hopkins Dr.  
 La Jolla, CA 92093

HOST: UCSD Karate

ENTRY DEADLINE: 20 May 2022  
 (MUST pre-register for Kobudo)

ENTRY FEE:			PRE-REG	AT-DOOR
	INDIVIDUAL	All Events	\$80	\$100
	TEAM EVENTS		\$60/Team	\$80/Team
	COACH'S PASS		\$50	**must pre-register and join Saturday seminar (4-6pm)

AGE: All Ages

- ? This event is licensed by the Amateur Athletic Union of the U.S., Inc.
  - ? All participants must have a current AAU membership.
  - ? AAU membership may not be included as part of the entry fee to the event.
  - ? AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
- Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- ? Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

FOR MORE INFORMATION CONTACT UCSDKarate@gmail.com

Ophira Bergman  
 (619) 846-9108  
[www.karate.ucsd.edu](http://www.karate.ucsd.edu)

# COVID PROTOCOL

As of March 1 2022

The UCSD policy is as follows:

All participants, spectators, volunteers and officials

must present

**proof of vaccination**

and

**wear masks at all times**

(including during competition).

We will update protocols as they may change between today and the day of event. Please keep in mind the University of California, San Diego keeps stricter guidelines than the State of CA.

# COVID PROTOCOL

AAU Super Regionals  
Sunday 29 May 2022

Tournament Coordinator

Ophira Bergman  
7429 Volclay Drive  
San Diego ca. 92119

Tournament Location

UC San Diego RIMAC Arena  
9730 Hopkins Dr.  
La Jolla Ca. 92093

Events: Kata, Kobudo, Sanbon Kumite,  
Ippon Kumite, Team Kata,  
Team Rotational Kumite

Rules: Modified AAU Rules

Pre-registration ends: 20 May 2022

**MUST PRE-REGISTER FOR KOBUDO**

Fees: Make all payments to: UCSD Okinawa Karate

Pre-registered:	INDIVIDUAL	All Events	\$80
	TEAM		\$60 Per Team
	COACH'S PASS		\$50 (Includes Free T-Shirt)

At Door:	INDIVIDUAL	All Events	\$100
----------	------------	------------	-------

	TEAM		\$80 Per Team
	COACH'S PASS		

**\*\*must pre-register and join Saturday seminar (4-6pm)**

Dress Code

- ? Traditional white gi. Traditional karate attire.
- ? All kumite safety equipment mandatory.
- ? May wear solid white T-shirt under gi.
- ? Beginners should wear a white belt, Novice a green belt, Intermediate a brown belt, and Advanced a black belt.
- ? Coaching Attire: Coach's pass & lanyard. Gi pants. AAU Shirt. Tennis Shoes.

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.  
All participants must have a current AAU membership. Register at [www.aausports.org](http://www.aausports.org)  
AAU membership is not included as part of the entry fee to the event.  
AAU membership must be obtained before the competition begins.

Admission is \$5 per person (kids ages 5 & under FREE).

Mandatory Equipment

Adults: Mouth and fist guard.  
(Males, groin protectors)  
Youth: Mouth and fist guard.  
Full faced headgear  
(Males, groin protectors )

Optional Equipment

\* shin/foot pads

Schedule of Events

All Kobudo events begin at 9am  
Adult Black Belt compete at 9am  
All Kata events begin at 9:30am  
All Kumite events will follow at the  
appropriate time.

Ophira Bergman  
(619) 846-9108  
[UCSDKarate@gmail.com](mailto:UCSDKarate@gmail.com)

