



**Bull Stewart 25th Annual AAU 2021 Alki Beach Classic, Bench Press, Deadlift
Championships & "Feats of Strength" Battle on the Beach!**
Alki Beach, 2668 Harbor Ave. Sw, Seattle, WA. 98118. Across from Spud Fish!
Date August 28, 2021

YOU MAY BENCHPRESS, DEADLIFT, PUSH-PULL, FEATS of STRENGTH OR COMBINATION

Testing: **Any AAU lifter may be subject to drug testing per the AAU Policy and Procedures.**

Eligibility: All lifters must have a current AAU Membership card \$24 adults, \$14 youth.

Divisions: All weight classes listed below are provided in all divisions for both men and women. *Both Raw and equipped*
Youth (6-7,8-9,10-11,12-13) Raw Teen (14-15,16-17,18-19), Teen (14-15,16-17,18-19) Junior (20-23) Open, Lifetime, Sub-
Masters (35-39) Masters 40-44,45-49 etc. in 5 year, Lifetime Masters, Raw Youth, Raw Teen, Raw Junior, Raw Open, Raw
Lifetime, Raw Sub masters, Raw Masters(40-44,45-49 etc. in 5yrs increments) Raw Lifetime Masters (5 yrs) Military/
Law/Fire/Military (active, retired, reserve), Disabled by weight and age Blind/Dwarf-Wheel Chair & High School.

Weight Classes: Men: + Youth 66, 77, 88, 97, 105 ALL 114,123,132,148,165,181,198, 220, 242, 275,308, 308+

Women: Youth 66, 77, 88, ALL 97,105 114,123,132,148,165,181,198,198 220, 220+

Weigh-ins: Early Weigh in August 27th 6:00-7:30PM Friday Night AT CCFC 2, 2609 South Jackson St. 206-322-1008
Regular weigh-in 7:00 AM to 8:30 AM day of the meet August 28th.

Rules Briefing 8:30AM

Lifting Sched: Lifting Start a 9:00 AM

Awards: Medals/Plaques/Trophies 1st- 5th. Best lifter awards in many divisions.

Team Trophies 1st-5th Team Entry Fee: \$65

**AAU CARDS AVAILABLE ONLINE AT WWW.AAUSPORTS.ORG ALL CARD MUST BE BOUGHT ONLINE PRIOR TO
THE MEET AND PRESENTED AT WEIGH-INS/CHECK-IN! AS PART OF THE CARD PROCESS, ALL LIFTER AGE 20+ WILL
HAVE A BACKGROUND CHECK PERFORMED. PROCESS CAN ADD A WEEK TO CARD APPROVAL.**

Hotel Info: Days Inn South Seattle, telephone number-206-241-2200 ext-300 ask for Shawn, address 13050 48th
Ave. S. Tukwila, WA. 98168 I-5 exit 156 to Interurban Ave. **[Our Rates is only \\$60/night.](#)**

ENTRY DEADLINE IS August 14, 2021 - LATE ENTRIES \$25! NO ENTRY AFTER August 21, 2021

NO REFUNDS!!!!

Make Checks Payable to Bull R.

Mail to Bull Stewart, 3913 South Orcas St. Seattle, WA, 98118

Contact: Bull Stewart 206-854-2678 cell

E-Mail bullstewart@hotmail.com

You can call in and pay by CREDIT CARD or CASH APP & E-Mail me your Application!

AMERICAN RECORDS CAN BE SET !!!

**ONLY TAKING THE FIRST 50 LIFTERS- MEET WILL BE CAPPED AT 50 LIFTERS-INCLUDING THE
FEATS OF STRENGTH**

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