

Adamson's Karate Studio
1325 Fairbanks Dr
Carmel IN 46033



AAU KARATE

INDIANA DISTRICT CHAMPIONSHIPS

March 6, 2021
Off the wall Sports
1423 Chase Ct, Carmel, IN 46032



This event is licensed by the Amateur Athletic Union of The U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.

NATIONAL KARATE COMMITTEE
Chairman, J.B. Mirza

Sanctioned by:
Amateur Athletic Union of the United States

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INFORMATION TO COMPLETE REGISTRATION FORM

Division	Time in Training (Maximum)	Must wear this color
Beginner	Up To 1 Year	White
Novice	1 Year - 2 Years	Green
Intermediate	2 Years - 4 Years.	Brown
Advanced	4+ years	Black

Equipment Requirements

- 1) Mouth guard
- 2) White Naugahyde/Leather fist guards
- 3) AAU Approved White Headgear with Face Shield (for under 18 year old competitors)
- 4) Protective cup (Male Competitors)

Optional Equipment:

- 1) White breast shield under gi (Female Competitors)
- 2) Open Face Headgear (Adult Competitors)
- 3) Cloth Shin Pads (Adult Competitors)
- 4) Cloth Shin/Instep Pads (Junior Competitors)

Uniform Requirements

This is a Traditional Karate Tournament so all competitors must wear a Traditional White Gi without stripes or piping. Sleeves and cuffs must not be rolled up. Pants and sleeves must be 3/4 length from the knee to the ankle or elbow to wrist. Females must wear plain white T-shirt or white sport bra under top. No headbands or jewelry allowed.

Age of Athletes :

The age division that you sign up for must be the age you will be as of June 25, 2021. This is due to fact that this is the qualifier for the AAU National Championships held later this year. If age is challenged, please be able to produce proof of age, such as a birth certificate, passport, etc.

Events:

When you register online at Adamsonkarate.com/events, please sign up as an "Individual Registration" first and then add on each actual division you would like to participate in.

Kata (Forms), Kumite (Sparring), Kobudo (Weapons).

The entry fee covers all of the above listed events. Competitors may compete in any or all events.

Rules:

All sparring divisions will be using AAU Karate Sanban Rules.

All Katas **must** be Okinawan or Japanese.

For the Complete Rule Book Please Visit:

https://aaukarate.org/page.php?page_id=100177

Awards:

Gold, Silver, and Bronze Medals will be presented for 1st through 3rd place in each event.

In some cases we will award ribbons for places 4th through 8th place.

Schedule	Check-In	Projected
	Deadline	Start Time

Referee & Volunteer Meeting	8:00	8:30
Competition Begins	8:30	9:00

Schedule Updates

You can know exactly when you are going to compete based on your profile in Smoothcomp.com.

This schedule will be made available at the venue on the morning of the competition. EVERYONE should get there at 8:30 for check-in. At that time we will release the current schedule.