

2023 AAU All Star Invite

July 7-9, 2023

Sanction Information:

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Session Schedule:

Session #1 Friday July 7 Evening	Warm ups-3:00 pm Meet Starts 4:00 pm
Session #2 Saturday July 8	Warm ups-8:00 am Meet Starts 9:20 am
Session #3 Saturday July 8	Warm ups-12 Noon Meet Starts 1:00 PM
Session #4 Saturday July 9	Warm ups-8:00 am Meet Starts 9:20 am
Session #5 Saturday July 9	Warm ups-12 Noon Meet Starts 1:00 PM

Warm Up Procedures:

Each team will be assigned specific warm up times and lanes prior to the meet start. Times are tentative as the # of swimmers may vary. Each team will control what they do with their time. Starts are permitted however; they must only swim one direction in that lane.

Address of Meet

TISD Aquatic Center

1062 Coolidge Ave, Texarkana, TX 75505

Officials/Coaches Information:

Meet Referee – Dan Holladay

Meet Director - Eric Vogan

Any officiating help from visiting teams will be greatly appreciated! Hospitality concessions will be provided for Coaches and Officials. Please contact Meet Director if you are able to help. **For any questions pertaining to the meet please contact Meet Director: Eric Vogan at 903-244-0174(cell) or ataccoach@gmail.com**

Timing:

Colorado Electronic Timing System with Push Button plunger at finish end with back up 2 stop watch backups per lane. PLEASE practice correct finishes with your swimmers to get correct times

MEETINGS:

Evening Session #1(Friday)

3:30 pm **Stroke & Turn** Officials Meeting

3:40 pm **Timers** Meeting: by Computer Table

3:50 pm **Coaches** Meeting: by Computer Table

Morning Sessions #2 & #3 Saturday & Sunday

8:00 am **Stroke & Turn** Officials Meeting

8:30 am **Timers** Meeting: by Computer Table

9:00 am **Coaches** Meeting: by Computer Table

Age Divisions:

8 & Under, 9-10, 11-12, 13-14, 15-18 NOT all events will be for all age groups. Relays will be 12 & Under, 13-18. Individual events that are shown as multiple age groups will be swum together but scored as age divisions. The swimmers age as of July 8, 2022 will determine their age division. If a swimmer should age up between July 8 and July 26, they may choose to swim up an age group in order to qualify for the Junior Olympics in those events also be placed.

Eligibility:

All Arkansas AAU registered athletes and Arkansas AAU registered teams are eligible. Entries will not be accepted without current registration numbers for AAU registered athletes and AAU registered teams. Proof of AAU registration must be sent in with entries.

Entry information:

Should include swimmers name, birth date, AAU Registration numbers and seed time. Each swimmer is allowed 1 relay and 5 individual events per day (Maximum of 2 relays and 12 individual events for the entire meet) Yard times must be converted to long course meter times. Swimmers cannot swim in more than one age group.

Entry Deadlines:

All events and entries are due by **12:00 Noon Monday, July 3rd, 2023**. A Psych sheet will be sent out by email no later than 5:00pm Tuesday July 4, 2023. Coaches shall review these for entries, spelling, etc. We will accept changes until 5:00 pm Wednesday, July 5, 2023. Deck entries will NOT be accepted.

E-mail entries to:(Hy-Tek Team Manager is preferred.) **Eric Vogan**

ataccoach@gmail.com

Registration Fee:

\$10.00 Swimmer Surcharge includes facility and swimmer registration:

\$4.00 per individual event

\$8.00 per relay Events

All registration fees must be paid to Meet Director prior to the meet start on Friday. Checks should be made out to ATAC. Please, one check per team (multiple checks from individual parents will not be accepted)

Scoring/Award Information:

* Individual Events will be scored as 9, 7, 6, 5, 4, 3, 2, 1

1st – 3rd will receive a Medal; 4th – 8th will receive a ribbon.

* Relay Events will be scored as 18, 14, 12, 10, 8, 6, 4, 2

1st – 3rd will receive Medals; 4th – 8th will receive a ribbon.

* High Point Awards will be given to:

1st place Individual Boy and Girl for each Age Division (8-Under, 9-10, 11-12, 13-14, 15-18)

* Team Trophies

1st – 3rd place Teams with High Points (Combined Boys and Girls Score)

2023 AAU JO Qualification

First, Second, and Third place finishers in AAU JO qualifying meets for individual events under 400M will qualify in those events. In addition, swimmers who meet or beat the U.S. Swimming Long Course “A” minimum time standards for all 200M, 400M and 1500M events and “BB” time standards for events less than 200M are eligible to compete in the events where they meet the minimum time standards.

***Qualification for the 400M and 1500M is time only.

Rules: Conduct of this sanctioned event in every respect to all technical and administrative rules of 2016 AAU/USA Swimming and Arkansas.

Smoking and GLASS bottles are NOT allowed.

There will be NO bull pen for this meet. It is the swimmers responsibility to be on time to their events.

Location Information:

Chairs are permitted around the pool. Do not block any emergency exits or equipment. All personal chairs in the pool area will need to be removed from the pool deck after each session. There will be a designated area for Canopies outside the fence. Canopies may be left overnight however ATAC will NOT be held responsible for ANY personal belongings.

Pool:

The indoor competition pool is 50 Meter and contains 6 lanes. Colorado Timing System with backup timing will be used.

Restrooms are located in the lobby. Locker Rooms are available.

FIRST AID stations can be located in the pool area.

Heat Sheets may be purchased for \$10.

LODGING:

There are many newer hotels in the area please see the Texarkana Chamber of Commerce for an updated list.

Session #1 Friday Evening

Warm up 2:00 pm Meet 4:00 pm

GIRLS	AGE GROUP	EVENT	BOYS
1	11-12	400 FREE	2
3	13-18	1500 FREE	4

Session #2 Saturday Morning

Warm up 8:00 am Meet 9:20 am

GIRLS	AGE GROUP	EVENT	BOYS
5	U 12	400 MEDLEY RELAY	6
7	U 12	200 FREE	8
9	U 12	100 BREAST	10
11	U-12	50 FLY	12
13	U 12	100 BACK	14
15	U 12	200 IM	16
17	U 12	400 FREE RELAY	18

Session #3 Saturday Afternoon

Warm up 12:00 noon Meet 1:00 pm

GIRLS	AGE GROUP	EVENTS	BOYS
19	13-18	400 MEDLEY RELAY	20
21	13-18	50 FREE	22
23	13-18	100 BACK	24
25	13-18	200 FREE	26
27	13-18	200 BREAST	28
29	13-18	100 FLY	30
31	13-18	400 IM	32
33	13-18	400 FREE RELAY	34

Session #4 Sunday Morning

Warm up 8:00 am Meet 9:20 am

GIRLS	AGE GROUP	EVENTS	BOYS
35	U 12	200 FREE RELAY	36
37	U-12	50 FREE	38
39	U-12	50 BACK	40
41	U 12	100 FLY	42
43	U-12	50 BREAST	44
45	U-12	100 FREE	46

47	U 12	200 MEDLEY RELAY	48
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Session #5 Sunday Afternoon

Warm up 12:00 Noon Meet 1:00 pm

GIRLS	AGE GROUP	EVENTS	BOYS
49	13-18	200 FREE RELAY	50
51	13-18	100 FREE	52
53	13-18	100 BREAST	54
55	13-18	200 IM	56
57	13-18	200 BACK	58
59	13-18	400 FREE	60
61	13-18	200 MEDLEY RELAY	62
63	13-18	200 FLY	64