

**Michigan AAU
Gymnastics
Holiday Handsprings
December 16, 2023**

**Hosted by RAYG Gymnastics
RAYG Gymnastics, Lowell, MI**

AGE GROUPS: Youth Bronze, Youth Silver, Youth Gold, Youth Platinum, Youth Diamond, Adult Bronze, Adult Silver, Adult Gold, Adult Platinum, Adult Diamond

ENTRY FEE: \$70.00

ENTRY FEE PAYABLE TO: RAYG Gymnastics

ENTRY DEADLINE: November 01, 2023

AWARDS: 1st-3rd medals on each event, ribbons the rest of the places. Medals for all places in All Around. 1st -3rd team trophies.

RULES: Will follow AAU National rules.

ADDITIONAL INFO: Each participant will receive a t-shirt.
Xcel levels Bronze, Silver, Gold, Platinum, and Diamond. Youth and Ladies. Admission \$7.00, 5 and under free.
AAU membership verification roster, gymnast levels and t-shirt sizes due by deadline.
No late entries accepted.
Meet location is Lowell Area Schools, 300 High St, Lowell, MI 49331.
Contact Michele DeHaan at raygcoach@gmail.com or (616)318-4747 with any questions.
Mail entry checks payable to RAYG Gymnastics to Michele DeHaan, 312 E North St, Hastings, MI 49058

FOR MORE INFORMATION:

Michele Christine DeHaan
raygcoach@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.