

COUGAR CLASSIC

HOSTED BY CANNON WRESTLING CLUB



DATE: Saturday, December 7, 2024

LOCATION: Cannon School, 5801 Poplar Tent Rd, Concord NC 28027

SPECTATOR FEE: \$10 Family, \$5 General Admission

SCHEDULE for Tot, Bantam, Midget & Novice Divisions (Separate Divisions for Boys and Girls)
7:00-8:00 am: Weigh-ins / 9:30-1:30 pm: Compete

SCHEDULE for Schoolboy/Schoolgirl, Cadet Divisions (Separate Divisions for Boys and Girls)
11:00 am-Noon: Weigh-in / 1:30 pm-Completion: Compete

TOURNAMENT USING: Standard 2025 AAU Weights ([click here](#))

MATCH TIMES: Tot, Bantam & Midget: 1-minute periods
Junior, Schoolboy & Cadet: 1:30-minute periods

AWARDS: Engraved Hammers for Champions/Medals for 2nd and 3rd Place

REGISTRATION FEE: \$25.00

REGISTRATION CUTOFF: 8:00 pm Friday, December 6, 2024 or when registration limit is reached.

Note: There will be no entries allowed beyond this deadline.

REGISTRATION LIMIT: 400

REGISTER AT: www.trackwrestling.com

- This event is licensed by the Amateur Athletic Union of the U.S. Inc.
- All participants must have a current AAU membership
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth athletic membership must be obtained before the competition begins. Be prepared: Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- ALL WRESTLERS MUST HAVE HEADGEAR AND TAPED LACES. Hair length must comply with NFHS rule 4-2-1.
- MOUTH PROTECTION REQUIRED if have braces or orthodontic device on teeth.

There is no weight allowance. Weigh-in uniform is singlet, no socks or shoes. You will not be allowed to strip down to underclothes and you will not be allowed to leave the weigh-in room to run.

TOURNAMENT DIRECTOR CONTACT: Solomon Fleckman at sfleckman@cannonschool.org