



Region 2 Exhibition Tournament

Entry Fee and Discounts for Early Registration

\$70 for one event (\$65 early)

\$10 for each additional event (\$5 early)

\$15 coaches pass (\$10 early)

Online registration: www.tourneyreg.net

Early registration ends on June 2

Registration closes on June 10

Event Information and Schedule

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: **Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.**
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

COVID Protocols will be followed according to State and County rules.

Please note that current rules only allow 120 people in the gym at a time. This would mean that only coaches, athletes and volunteers can be in the building. If this remains the rule, we will live stream each ring. However, if these rules are relaxed over the next month, we will announce how this impacts attendees.

In addition to attendance restrictions, current regulations will require all participants to wear masks, including while they perform. However, this also will be adjusted if state and county rules are changed during the next month.

Schedule:

Arrival times for athletes and staging times will be announced closer to the competition. Our schedule will be dictated by the number of participants, Officials and the COVID rules in effect on the competition date. A Very Tentative Schedule:

8:30 AM	Officials Meeting
9:00 AM	Traditional Forms Staging (Single Elimination Bracketed)
11:30 AM	Point Sparring Staging (Double Elimination Bracketed)
1:30 PM	Weapons Forms Staging (Single Elimination Bracketed)

Forms:

- Forms will be judged in a bracketed format with athletes competing side-by-side and advancing or being eliminated.
- The forms competition will be single elimination format, no Repechage
- Allowable forms from ITF, WT and TSD/MDK are listed on page 36 of this year's AAUTKD rules handbook.
- Competitors may do ANY form/pattern listed for their Rank (Novice, Intermediate, Advanced, 1st, etc.) or one Rank below up to their current rank.
- This will be an open forms competition within the available pattern options on page 36. There will be no separate ITF, WT nor TSD/MDK divisions.
- Merit will be awarded on the basis of beauty, grace, rhythm, focus, power, and technique.

Weapons Forms:

- Competitors may choose to do traditional or creative forms in competition. Each will be judged side-by-side in a bracketed format.
- Age divisions for weapons forms may be combined to provide more competition.
- Merit will be awarded on the basis of beauty, grace, rhythm, focus, power, and technique.

- The weapons forms competition will be single elimination format
- All weapons forms must be completed within 1:30 of the referees call to begin.

Point Sparring:

- Point sparring will use double elimination bracketing
- All preliminary matches will be two minutes running time or a 7-point gap, whichever occurs first. If the match runs the full two minutes, the competitor ahead on score will be declared the winner
- One point shall be awarded for any valid hand technique executed to the legal body or head area.
- One point shall be awarded for any valid foot technique to the legal body area.
- Two points shall be awarded for any valid foot technique executed to the legal head area.
- Three points shall be awarded for any valid spinning foot technique executed to the legal head area
- Point Sparring safety gear is MANDATORY: Head Gear, Hand Gear, Foot Gear and Mouthpiece as specified page 5 of the 2020-2021 AAU Handbook.
- A protective groin cup for males under the Dobok pants is also required.
- Forearm, shin guards and rib guards are optional. Forearm and shin guards must be worn UNDER the uniform.

Coaches:

- All coaches must take the required AAU Taekwondo Online Coaches Certification Course. Coaches must complete the course and bring proof of certification with them to all AAU Taekwondo events in order to coach.
- Proper Coaches Attire is required. NO EXCEPTIONS. Information on this course is available at www.aautaekwondo.org.

Awards:

- Championship Medals awarded to the top 4 places in each division.

Uniforms:

- Clean fitting colored uniforms are allowed
- No rolled sleeves or cuffed pants.
- Black belts are allowed to wear a black V-neck collar or have black trim on the lapels of their uniform.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- Competitors may be required to present a valid AAU membership card at time of staging.

AAU Taekwondo rules apply to all competition. Rulebook available at:
www.aautaekwondo.org