



is proud to host

# *The Ultimate Invitational*

**2020 AAU Invitational**

**April 18-19th**

**Greensboro, NC**

**Meet Directors:**

Shannon Tessier

Ben Moldoff

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**Online meet registration**

[www.divemeets.com](http://www.divemeets.com)

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.  
**Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.**  
**Due to background screenings, please allow up to 10 days for adult memberships to be processed.**
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

### **Meet Location:**

The Greensboro Aquatic Center  
1921 W Gate City Blvd  
Greensboro, NC 27403

### **Facilities:**

Two 1 and 3 meter Maxi Flex Model B springboards on concrete stands  
5, 7.5 and 10 meter Platforms

**Meet Date:** Saturday, April 18th and Sunday, April 19, 2020

**Cost:** \$35 per event, \$10 Facility fee

**Awards:** FINA Groups: Medals 1st-3rd, Ribbons 4th-10th  
Novice/Intermediate: Ribbons 1st-10th

**Events:** Novice and Intermediate Events will run with FINA groups  
D and E Groups will run together.

**Schedule of Events: (Subject to change)**

**Open Warm Up 7-8:30am Daily**

**Event Warm up 30 minutes prior to Event Start**

**Springboards will be open during Platform event warm ups**

## **Day 1:**

**Event 1 Event Warm up 8:30-9am**

**Event 1: Begins 9am**

Boys Group A 3m, Girls Group A 1m

Masters Mens Silver, Gold 3m, Masters Womens Silver, Gold 1m

**Event 2:**

Boys Group B 3m, Girls Group B 1m

**Event 3:**

Boys and Girls C, D, E Platform

**Event 4:**

Boys Group A 1m, Girls Group A 3m

Masters Mens Silver, Gold 1m, Masters Women Silver, Gold 3m

**Event 5:**

Boys Group B 1m, Girls Group B 3m

## **Day 2:**

**Open Warm Up 7-8:30am**

**Event 6: Begins at 9am**

Boys Group D, E 1m, Girls Group D, E 3m

**Event 7:**

Boys Group C 1m, Girls Group C 3m

**Event 8:**

Boys and Girls Group A, B Platform

**Event 9:**

Boys Group D, E 3m, Girls Group D, E 1m

**Event 10:**

Boys Group C 3m, Girls Group C 1m

**\*Timeline subject to adjustment based on number of divers.\*  
(an updated timeline will be emailed to all coaches after online  
signup closes)**

**Check in:**

Please check in upon arrival at the registration table located on deck.

**Dive Changes:** Free online on Divemeets.com until 6pm the night before the event

\$15 to make changes up until 2 hours before the event

**No changes will be made less than 2 hours before the event**