

Dear Coaches,

We are so excited to get the new season underway! We are even more excited about hosting the 8th Annual SEMO Classic once again! It will be an amazing weekend and we can't wait for you and your gymnasts to join us!

This year the SEMO Classic will be held at our home gym, Heartland Gymnastics! This is due to the college remodeling Houck Stadium. We have an incredible 20,000 sq ft facility with lots of seating and plenty of parking.

Gymnasts will compete on Sunday, February 12th. This meet will be Level 1 thru 8 and Xcel (all levels). This will be a sanctioned AAU Gymnastics meet following all AAU Gymnastics rules and policies.

This meet will be an opportunity for all AAU sanctioned gymnasts to qualify for the District Championships!

If you have any questions, please contact Kassi or Grace at the number or email address below! We are looking forward to another awesome SEMO Classic event and to seeing everyone in February!

Kassi Knight-Younger
Grace Pyle
Heartland Gymnastics
Cape Girardeau MO
573-339-1992
Heartlandgym01@gmail.com

2023 SEMO CLASSIC (AAU)

February 12, 2023

Hosted by: Heartland Gymnastics

Meet Facility Location: **Heartland Gymnastics and Dance**
3920 Nash Rd
Cape Girardeau MO

Meet Directors: Dylan Knight/Grace Pyle
Heartlandgym01@gmail.com (573) 339-1992

Event Date: February 12, 2023

Entry Fees: **\$60 All Levels**
\$45 per Team Entry
Please make checks payable to Heartland Gymnastics and mail to 3920 Nash Rd, Scott City MO 63780
****REFUND DEADLINE IS JANUARY 10, 2023 WITH A VALID DOCTOR'S EXCUSE****

Levels: **AAU Sanction Levels 1-8, all Xcel**
*please email your roster ASAP to reserve your spot! Then mail hard copy of your entries with your payment. We have been full by mid-September in the past so be sure to register early!!

ENTRY AND PAYMENT DEADLINE: December 10, 2022 (as space allows); LATE entries will NOT be accepted! Please help us by getting your reservations in early! Thanks in advance!

Admission: **\$6.00 adult, \$3.00 child – CASH ONLY**
Ages 5 and under free

Awards: Ribbons for individual events, medals for all around and banners for team entries. 100 percent placement

AAU Sanctioned: This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership. Gymnasts must be members of AAU for this competition to count as 1 of the 2 qualifying meets. Please submit current AAU numbers for all gymnasts.



Judges: Judges are rated and contracted through NAWGJ.

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Team Name: _____

LEVEL	# OF ATHLETES		TOTAL AMT DUE PER LEVEL
AAU 1		X \$60	
AAU 2		X \$60	
AAU 3		X \$60	
AAU 4		X \$60	
AAU 5		X \$60	
AAU 6		X \$60	
AAU 7		X \$60	
AAU 8		X \$60	
AAU BRONZE		X \$60	
AAU SILVER		X \$60	
AAU GOLD		X \$60	
AAU PLATINUM		X \$60	
AAU DIAMOND		X \$60	
		SUBTOTAL	

Circle the team entry levels:

AAU 1 AAU 2 AAU 3 AAU 4 AAU 5 AAU 6 AAU 7

AAU 8 AAU BRONZE AAU SILVER AAU GOLD AAU PLATINUM AAU DIAMOND

TOTAL # OF TEAM ENTRIES: _____ X \$45 = _____

SUBTOTAL (GYMNAST FEES)	TEAM ENTRY TOTAL	AMOUNT DUE

Mail all entry forms to:
HEARTLAND GYMNASTICS
3920 NASH ROAD, SCOTT CITY MO 63780

Host hotel:

**Pear Tree Inn (Cape Girardeau Medical Center)
3248 William St
Cape Girardeau MO 63701**

**phone #573-334-3000 or 1-800-325-0720
druryhotels.com**

group number: 10032068

Group rate \$113.00 per night

Block is reserved until 1/10/23. So call early for your rooms! Last year, all of Cape was booked out for a tournament.