



2024 CT AAU GYMNASTICS DISTRICT CHAMPIONSHIP



Hosted By: Bristol Future Champions Gymnastics

LOCATION: Boys & Girls Club of Bristol 255 West St, Bristol CT 06010

WHEN & TIMES: Saturday May 18th- Sunday May 19th (rotations and times TBA by May 1st)

Divisions: XB, XS, XG, XP, XD, XSapphire (all gymnasts must have competed in a minimum of 3 CT AAU meets by May 7th and have a valid 2024 AAU membership.

GIFT: TBA

FINAL ROSTERS: March 16th, 2023 (no exceptions) please send tentative roster by March 1st or sooner, you will have until March 29th to scratch athletes. *gymnasts must compete in the session they are assigned.

COST AND PAYMENT DUE DATE: \$90.00 PER GYMNAST DUE BY 3/16/23 (checks payable to Bristol FCG mail to 390 West St Bristol, CT 06010) Fee is NON-REFUNDABLE, Late fee assessed in the amount of \$20.00 per team. Late registration of an athlete in the amount of \$20.00 per gymnast will be assessed.

ADMISSION: \$10.00 adults, 12yrs and under \$5.00, 3yrs and under Free

TEAM FEE: \$35.00 PER LEVEL (3 athletes to make a team XB, XS, XG, XP, *XD & XSapp are allowed 2 athletes to make a team. (placing top half teams, minimum of 2 teams per level to qualify for a team award)

AWARDS:

- TOP HALF + ONE MEDALS ON INDIVIDUAL EVENTS
- ALL AROUND AWARDED 100%, TOP HALF TROPHIES BOTTOM HALF MEDALS
- HIGHEST ALL AROUND PER SESSION (All American)

HIGH SCHOOL SENIORS: Please contact Jessica via email if you have HS Seniors by 3/1/24 so they can be recognized at their session. CT AAU will provide a plaque for each senior.

Coaches & Judges Meals + Gifts: Meals will be served, please bring the appropriate number of coaches to each session. Two coach's gifts per team will be given, if you have more than 2 coaches, please email me in advance.

COVID Precautions:

- Frequent hand sanitizing/washing and gym disinfecting will be enforced during and between sessions
- We ask that anyone experiencing Covid type symptoms stay home

This event is licensed by the Amateur Athletic Union of the U.S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.
AAU Youth Athlete membership must be obtained before the competition begins.
BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed.
Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership