



2021 AAU VIRGINIA DISTRICT QUALIFIER

GENERAL INFORMATION

WHERE: Varina High School
7053 Messer Rd.
Henrico, VA 23231

DATE: Saturday, June 12-13, 2021

Meet Director
Deon Moore, 757-218-1405
aauvatrack@gmail.com

Meet Management
William Moore, 757-593-6985
aauvatrack@gmail.com

OFFICIALS: All events will be staffed by USATF certified officials and volunteers

RULES: In accordance with AAU Youth Athletics Guidelines

Coaches Education:

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is **MANDATORY** for all AAU Non-Athletes and will be administered by **Positive Coaching Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

Please note there is a spectator entry fee and any Coaches with a valid 2021 AAU NON-ATHLETE MEMBERSHIP WITH A PICTURED ID presented at the entry gate may enter free of charge.

Licensed, Registration and Declaration Information:

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU Membership.
- AAU membership may not be included as part of the entry fee to the event
- AAU Youth Athlete membership must be obtained before the competition begins
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed
- Participants can visit the AAU website www.aausports.org to purchase AAU Memberships.

ADVANCEMENT and QUALIFICATION PROCEDURES:

The top sixteen (16) finishers in each individual and relay shall advance from the District Qualifier to the Regional 5 Championship. Competitors shall only advance from the District Qualifier into the Regional 5 Championship in the events that they actually competed and qualified at the District level.

JUNE 12-13, 2021 Meet Schedule

All field events will follow listed schedule. **This is a rolling schedule.** Listen to **announcements** for field event calls. Any athletes who do not check-in before their designated flight starts will be scratched from the event. The Field Event Official Only will release field event athletes who have a conflict with a running event at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and must report back to the field event and be ready to compete.

SPECIAL NOTE:

All running events are FINALS. Age groups maybe combined in any event at the discretion of the Meet Management.

Running Order

RUNNING EVENTS

7:30AM

3000M (F)
4x800 (F)
100m (F)
4x100R (F)
400m (F)
80H (F)
100H (F)
110H(F)
1500RW (F)
3000RW (F)
800m (F)
200H (F)
400H (F)
200m (F)
1500m (F)
4 X 400R (F)

FIELD EVENTS

7:30 AM

SHOT PUT
(4 Throws- No Finals)
DISCUS
(4 Throws, No Finals)
HIGH JUMP

LONG JUMP
(4 Jumps, No Finals)

TRIPLE JUMP
(4 Jumps No Finals)

RULES AND REGULATION:

Only competing athletes and meet officials will be permitted inside the fence surrounding the track. Violations of this rule by coaches, parents, and non-competitors may result in disqualification from the meet.

Abusive language and /or improper behavior will not be tolerated and will result in disqualification from the meet.

NO SMOKING or ALCOHOLIC BEVERAGES ALLOWED AT VENUE SITE OR PARKING AREAS.

CLERKING AREA IS OFF LIMITS TO:

COACHES, PARENTS GRANDPARENTS, RELATIVES and SPECTATORS!