



# 2023 NORTH CAROLINA AAU DISTRICT CROSS COUNTRY CHAMPIONSHIP

**GOLFVIEW GREENWAY  
HOPE MILLS, NC**

**SATURDAY NOVEMBER 11th, 2023**

## Schedule of Events

Start Time: 8:00am Rolling Schedule

- Girls & Boys 1k (Age 6-under)**
- Girls & Boys 2K (Age 7-8)**
- Girls & Boys 3k (Age 9-10)**
- Girls & Boys 3k (Age 11-12)**
- Girls & Boys 4K (Age 13-14)**
- Girls & Boys HS 5k (Age 15-18)**
- Women & Men 5K (19+)**

*Races after 8:00 am will start 5-10 min after last finisher of the previous race.*

### PACKET PICKUP

Race bibs will be available for pickup on race morning  
Beginning at 6:30am

**NO RACE DAY SIGN UP!!**

### HOST: NORTH CAROLINA AAU DISTRICT

NC AAU TRACK & FIELD SPORTS DIRECTOR:  
WILLIAM BULLARD Email:CHARLOTTEHEATTC@HOTMAIL.COM  
704-906-0160



**LIVE RESULTS:** Available at [rrtiming.com](http://rrtiming.com)

*Athletes in all races will be assigned one timing chip that will be worn on either shoe, chips will be collected after each runner finishes. It is the coach's and athlete's responsibility to ensure that the timing chip is securely fastened to the shoe*

*Details will be in your packet*

### RACE DAY PARKING

There are two parking lots at the Golfview Greenway. One is at the top of the hill on your left, if you are coming from the direction of the Fire Department, City Hall and Hope Mills Park.

We ask that buses parking in the top lot (paved lot) and whatever is left over can be used for athletes and spectators). The second parking lot is down the hill about a quarter of a mile. As the lots fill up, we will direct vehicles into the grass alongside Golfview Road

### ELIGIBILITY

1. All competitors MUST have a current AAU Membership Card (Sept 1, 2022-Aug 31, 2024) Memberships can be purchased online at [www.aasports.org](http://www.aasports.org). AAU Membership Fee is \$20.00. No entries for this meet will be accepted without a valid AAU Membership Number

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non-Athlete Memberships are no longer instant and cannot be applied for at the event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website [www.aasports.org](http://www.aasports.org) to obtain their membership.

**MEET ENTRY FEE: \$20 PER ATHLETE**

**ONLINE REGISTRATION & PAYMENT:** [WWW.COACHO.COM](http://WWW.COACHO.COM)

**All Fees must be paid online by the deadline**

**DEADLINE:** NOVEMBER 9th, 2023 by 11:59pm

**AWARDS:** Top 3 Finishers in each Age Division, will receive AAU Medals.  
*District Team Champion & Runner-Up Trophies*

**LOCATION ADDRESS: GOLFVIEW GREENWAY**  
3625 Golfview Road, Hope Mills, NC 28348

### Special Thank You!

To **\*Carolina Liberty Running Club\*** for hosting this year's North Carolina AAU Cross Country District Championship

### Tents at Golfview Greenway

Any tents should be set up along the grassy area along the side of finish straight-away. We ask that you do not set up tents, chairs, or any other equipment within 10 feet of the course.

### NOTES:

**NO SPECTATOR FEE!!**

**NO SPECTATORS ALLOWED IN THE CHUTE/FINISH AREA!**

**Teams & Athletes should bring their own water.**