## End of Season XC Round Up <br> November 14, 2020 <br> Hosted by U.S. Express Track Club

## AGE GROUPS:



2 mile Middle Schools Senior (13-14 yrs)
2 mile Middle School Junior (11-12 yrs)
1 mile Elementary
(10 and Under)

## ENTRY FEE:

$\mathbf{\$ 1 0 . 0 0}$ per athlete or Max of $\$ 100$ per team

## ENTRY DEADLINE:

November 12, 2020

## AWARDS: <br> RULES: <br> Top 12 per race and $1^{\text {st }}$ place Team per race <br> Max of 7 athletes per team per race

## ENTRY FEES PAYABLE TO: U.S. Express Track Club

This event is licensed by the Amateur Athletic Union of the U. S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.
AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:
Your event director's info
225-892-3489
byronturner@usexpresstrackclub.org

