

New York Metropolitan AAU
Track and Field
AAU NY Metropolitan XC District Championship
November 4, 2023
Hosted by Metro Eagles
Metro Eagles Track & Field, Laurelton, NY

AGE GROUPS: 8 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$20.00

ENTRY FEE PAYABLE TO: coacho

ENTRY DEADLINE: November 02, 2023

SIGN UP AT: coacho.com

AWARDS: AAU medals for top. 3

RULES: All registration will be done online at coacho.com

ADDITIONAL INFO: meet Director Coach Hopkins
(718) 764-7791
Cunningham Park
near tennis court bathroom

FOR MORE INFORMATION:

Rhanda Hopkins
rhapenin@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.