



## **Inaugural District Cross Country Championship**

**Riverfront Park in Billings, Montana October 13, 2018**

**Start time 10:00am**

**2018 AAU CROSS COUNTRY NATIONAL CHAMPIONSHIP**

**December 1<sup>st</sup> Knoxville, TN**

No right age to start, SINGLE Age Competition based on year born. 10 divisions, boys and girls. National age group cross country, track & Field starts with the Primary age group (8 and under in AAU-Amateur Athletic Union meets). But, while there are many children that train and compete seriously from this age, cross country and track is a very forgiving and flexible sports!

1 AAU membership is good for 35 other sports.

## **Rocky Mountain Flying Panthers Track Club INVITES**

**Wyoming, North Dakota and Montana, to run in this CROSS COUNTRY Join as Individuals, Join a Club, Start your own Club.**

**More information Call**

**Mary Aude**

**406 861 4157**

**[aude.maryelizabeth@gmail.com](mailto:aude.maryelizabeth@gmail.com)**

**<http://www.rmfightingpantherstc.com/>**

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.