



H-TOWN HURRICANES



FAT TIMING

RESULTS LINK: TBA

DATE: Saturday, July 16, 2022

LOCATION: Clear Brook High School
4607 Fm 2351 Rd Friendswood, TX 77546

TIME: 7:00am Gates Open | 7:30am Coaches Meeting | 8:00am Running Events (rolling schedule)

NOTE: Parents, Coaches, or Spectators will not be allowed on the field or in any of the Track & Field competition areas.

PACKET PICK UP / TENT SETUP: Packets for teams may be picked up at 5p -7pm on July 15, 2022 or on July 16, 2022 - 7:00 AM at the entrance to the stadium.

ENTRY PROCEDURE: Registration must be done online at www.coacho.com. Entry fees are due at the time of registration. 8u, 9, 10, 11, 12 Divisions may compete in a maximum of 3 events, including relay participation. 13, 14, 15-16 and 17-18 may compete in a maximum of 4 events, including relay participation.
*** Registration for Events will close if the event reaches capacity***

ENTRY DEADLINE: Online registration will close at 11:59pm on Wednesday July 13, 2022 or once event capacity is met.

ADMISSION: Cash, Zelle, and Cashapp will be accepted at entry. (Athletes must wear wristband to enter gates). QR code will be provided at entry gate.

FEE: \$15 Athlete / \$10 Spectator/Coaches (5 & under free)

AWARDS: Awards will be presented to the top-six finishers in each event. No awards will be mailed out after the meet. Medals may be picked up by coaches at the awards table shortly following the conclusion of events.

FOR MORE INFORMATION CONTACT:

H-Town Hurricanes Track Club

Director Jarrod Owens
281-743-2988
Email: htown.hurricanes@yahoo.com

Coach Chris Lloyd
281-844-6081

Director Glenn Poullard
832-473-1925
Website: <https://www.h-townhurricanes.com/>





ORDER OF RUNNING EVENTS: ((Athletes will report to Clerk of Course for check-in))

3000m Run (11 & UP)	100m Dash (ALL)
4x100m Relay (ALL)	400m Dash (ALL)
800m Run (ALL)	200m Hurdles
80m Hurdles (11&12 G/B 30")	400m Hurdles
100m Hurdles (13&14 G 30"/B 33")	200m Dash (ALL)
100m Hurdles (15-18 Women 33")	1500m Run (ALL)
110m Hurdles (15-18 Men 39")	4x400m Relay – (9 & UP)

FIELD EVENTS: ((Athletes will report to event for check-in))

Long Jump - All Div. (Youngest to Oldest) 8:00am Start time

Shot Put - All Div. (Youngest to Oldest) 8:00am Start time

Discus – (11 & UP). (Youngest to Oldest) – following Shot Put

COACHING BANDS

We will not be selling coaching bands. We will be giving teams coaching bands based on the number of participants and will be available in your team packets as follows:

Unattached athletes:	1 coaching pass
Under 25 athletes:	3 coaching passes
26-50 athletes:	5 coaching passes
51-75 athletes:	8 coaching passes
76-100 athletes:	10 coaching passes
101+ athletes:	15 coaching passes

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership

