



X-CHALLENGE

MARCH 23-24 2024 HOSTED BY EXA SPORTS

MEET LOCATION: MENOMONIE TBD

FORMAT: MODIFIED CAPITAL CUP

**MEET ENTRY FEE: XCEL: \$60 BRONZE, LEVEL 1-3
\$85 SILVER & GOLD, LEVEL 4-5,
\$85 PLATINUM & DIAMOND, LEVEL 6-8
\$85 OPEN OPTIONALS
\$60 TEAM**

**ENTRY DEADLINE: FEB 23, 2024 \$15.00 PER ATHLETE LATE FEE IF NOT
RECEIVED BY DEADLINE**

FINAL SCHEDULE: FINAL SCHEDULE WILL BE EMAILED BY MARCH 15, 2024

**REFUNDS: REFUND REQUESTS WILL BE ACCEPTED UNTIL MARCH 8, 2024
AFTER THAT DATE, WE ARE COMMITTED TO EXPENSES, AND ONLY
SUBSTITUTIONS WILL BE ALLOWED**

**AWARDS & GIFTS: TROPHIES AND MEDALS WILL BE AWARDED 50% +1 FOR
INDIVIDUAL EVENTS AND 100% AA, TEAM PLACES 1ST - 3RD**

**AAU GYMNASTICS
AAUGYMNATIONAL@GMAIL.COM**

**THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF THE U.S., INC. ALL PARTICIPANTS MUST HAVE A
CURRENT AAU MEMBERSHIP. AAU MEMBERSHIP MAY NOT BE INCLUDED AS PART OF THE ENTRY FEE TO THE EVENT.
AAU MEMBERSHIP MUST BE OBTAINED BEFORE THE COMPETITION BEGINS, EXCEPT WHERE THE EVENT OPERATOR
HAS A LAPTOP AVAILABLE WITH AN INTERNET CONNECTION. BE PREPARED: ADULT AND NON-ATHLETE
MEMBERSHIPS ARE NO LONGER INSTANT AND CANNOT BE APPLIED FOR AT THE EVENT. PLEASE ALLOW UP TO 10
DAYS FOR MEMBERSHIPS TO BE PROCESSED. PARTICIPANTS ARE ENCOURAGED TO VISIT THE AAU WEB SITE
WWW.AAUSPORTS.ORG TO OBTAIN THEIR MEMBERSHIP.**

**EXA SPORTS
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