

# 2018 HealthWorks Kick Off Invitational September 29, 2018

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership

**STARTING TIMES: Warm-ups 9:30am Meet starts: 10:30am**

Warm-up lanes and Timers will be assigned.

Stroke & Turn Officials Meeting 10:00am in storage room

Timers Meeting 10:20am on deck by Starter

Coaches Meeting 10:20am in storage room

**LOCATION:** HealthWorks Fitness Center  
(Home of the HealthWorks Hurricanes)  
304 N Madison  
El Dorado AR 71730

**FACILITY:** Six lane pool with Colorado Timing Touchpads and Display Board. All spectators must sit in the designated areas, only coaches, swimmers and meet officials will be allowed on deck.

**CONCESSIONS:** Concessions will be available in the Juice Bar. Heat sheets will also be sold in the front lobby for \$5.00

**SEEDING:** This is a pre-seeded meet. All events will be timed finals. Submit Swimmers best short course yards times to ensure proper seeding.

**ENTRY LIMIT:** Swimmers may enter a maximum of 5 individual events and 1 relay event. Athlete's age on the first day of the meet shall determine the age division of the swimmer. (1650 event, only top 12 fastest times girls and boys combined).

**ENTRY FEES:** \$35.00 per swimmer. Fee includes Pool Surcharge, all individual events, and relays.

**AWARDS:** Ribbons will be given for places 1-6. High Point Awards will go to the top 3 swimmers in each age group also team a trophy will be awarded for the top team (Excludes HWSC). 6 + Under, 7 + 8, 9 + 10, 11 + 12, 13 + 14, 15 – 18. Various ages will swim together but scored and placed in proper age group.

**SCORING:** 7,5,4,3,2,1 relays are doubled.

**SCRATCHES:** No money will be refunded for scratches. A swimmer who does not report by the final call will be scratched from that event.

**DECK ENTRIES:** Deck Entries may be made if the swimmer is already entered in the meet. If there is an open lane in the event but, NO new heat will be made.

**ATTENDING COACHES:** Must also be registered through AAU as a coach member.

**ENTRY FORMS:** All teams are encouraged to enter the meet with Hy-Tek.

**ENTRY:** Entries must be received by **12:00pm Thursday, September 20, 2018.** All entries need to be sent to [mking@sharefoundation.com](mailto:mking@sharefoundation.com) Verification will be sent as soon as your entries are received.

All Fees are due by the beginning of the meet

Entry Fees may be mailed to;

Attn. Coach Farrin

HealthWorks Fitness Center

304 N Madison

El Dorado, AR 71730

**FACILITY & AAU RULES:** Prohibit smoking and use of other tobacco products or alcohol. No camera or camera phones are allowed in the dressing rooms

**LODGING:**

Holiday Inn Express	Country Inn & Suites	Candlewood Suites El Dorado
1819 Junction City Road	2413 West Hillsboro St.	2210 Junction City Hwy
El Dorado, AR 71730	El Dorado, AR 71730	El Dorado, AR 71730
(870)-881-8900	(870)-881-0455	870-677-3939

**QUESTIONS:** Contact Coach Farrin (870)-862-5442 ext. 13 or 40 or e-mail to

[fcain@sharefoundation.com](mailto:fcain@sharefoundation.com)

*Each attending team is encouraged to provide volunteers for timing or officiating*

**EVENTS:**

GIRLS	AGE	DISTANCE	STROKE	BOYS
1	18 & U	1650	Free	2
3	8 & U	25	Butterfly	4
5	18 & U	50	Butterfly	6
7	18 & U	100	Butterfly	8
9	18 & U	200	Butterfly	10
11	18 & U	500	Free	12
13	8 & U	25	Back	14
15	18 & U	50	Back	16
17	18 & U	100	Back	18
19	18 & U	200	Back	20
21	18 & U	200	Free	22
23	8 & U	25	Breast	24
25	18 & U	50	Breast	26
27	18 & U	100	Breast	28
29	18 & U	200	Breast	30
31	8 & U	25	Free	32
33	18 & U	100	Free	34
35	18 & U	100	IM	36
37	18 & U	200	IM	38
39	18 & U	50	Free	40
41	18 & U	200	Free Relay	42