

Southern AAU
Track and Field
Area 11 District Cross Country Championships
November 23, 2019

Hosted by Southeast Louisiana Roadrunners
Southeast Louisiana Roadrunners, Robert, LA

AGE GROUPS: 8 & Under, 9 & Under, 9 Years Old, 10 Years Old, 11 Years Old, 12 Years Old, 13 Years Old, 14 Years Old, 15-16 Years Old, 17-18 Years Old

ENTRY FEE: \$10.00

ENTRY FEE PAYABLE TO: Southeast Louisiana Roadrunners

ENTRY DEADLINE: November 22, 2019

AWARDS: AAU medals

RULES: Must be a current AAU member

FOR MORE INFORMATION:
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This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.