

SHERMAN FALL FUN DIVERS MEET



FUTURE CHAMPIONS - JUNIOR OLYMPIC – MASTERS – SENIORS
SATURDAY, November 4, 2023

- MEET DIRECTOR: Steve Sherman, (925) 283-2100, Cell: (925) 788-4962 Sanction TBD
LOCATION: Sherman Swim School, 1075 Carol Lane, Lafayette, CA 94549
- COMPETITION: Competition begins at 9:00AM. Open practice will be from 7:45AM to 8:45AM. Closed practice for each age group before their event. **NOTE: Order of events may change based on the number of participants. An updated timeline will be distributed to participating clubs on Thurs, Nov 3.**
- FEES: \$40 per event. \$50 late fee.
- ELIGIBILITY: This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
 - AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
 - Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- REGISTRATION: Divemeets.com - \$40 per event, until Weds, 11/1, at 8pm. Late fee of \$50 will go into effect after this time until Fri, 11/3, at 12:00 noon. No registration will be allowed after this time.
- RULES: **ONE METER COMPETITION ONLY:**
JO events – AAU Dive Requirements.
FC Events – Levels 1-8, USA Diving Dive Requirements.
Men & Women Senior Events –No minimum d.d.
Masters – FINA Rules. 10-year age groups: 20-29, 30-39, etc.
- DIVE CHANGES: Changes for events 1&2 by 8:15 am, all others 1 hour before event.
- AWARDS: 1st, 2nd, & 3rd place medals; ribbons for all others. Fun Awards for High Point Dive in each event! Based on highest raw score before d.d., excluding jumps.
- SNACK BAR: Breakfast, Lunch, & Snacks will be available for all. Hospitality for Coaches.
- EVENTS:
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|-------------------------------|---------------------|
| 1) FC Levels 1, 2 & 3 | 4) FC 6, 7 & 8 |
| 2) JO 9&U, JO 10-11, + FC 4&5 | 5) JO 16-18, |
| 3) JO 12-13, JO 14-15 | + Seniors & Masters |

