

2018 HealthWorks New Year Invitational January 13, 2018

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

STARTING TIMES: Warm-ups 9:00am Meet starts: 10:10am

Warm-up lanes and Timers will be assigned.

Stroke & Turn Officials Meeting 9:30am in storage room

Timers Meeting 10:00am on deck by Starter

Coaches Meeting 10:00am in storage room

LOCATION: HealthWorks Fitness Center
(Home of the HealthWorks Hurricanes)
304 N Madison
El Dorado AR 71730

FACILITY: Six lane pool with Colorado Timing Touchpads and Display Board. All spectators must sit in the designated areas, only coaches, swimmers and meet officials will be allowed on deck.

CONCESSIONS: Concessions will be available in the Juice Bar. Heat sheets will also be sold in the front lobby for \$5.00

SEEDING: This is a pre-seeded meet. All events will be timed finals. Submit Swimmers best short course yards times to ensure proper seeding.

ENTRY LIMIT: Swimmers may enter a maximum of 5 individual events and 2 relay event. Athlete's age on the first day of the meet shall determine the age division of the swimmer.

ENTRY FEES: \$35.00 per swimmer. Fee includes Pool Surcharge, all individual events, and relays.

AWARDS: Ribbons will be given for places 1-6. High Point Awards will go to the top 3 swimmers in each age group also team trophies will be awarded for the top 3 teams. (6 + Under, 7 + 8, 9 + 10, 11 + 12, 13 + 14, 15 – 18). Various ages will swim together but scored and placed in proper age group.

SCORING: 7,5,4,3,2,1 relays are doubled.

SCRATCHES: No money will be refunded for scratches. A swimmer who does not report by the final call will be scratched from that event.

DECK ENTRIES: Deck Entries may be made if the swimmer is already entered in the meet. If there is an open lane in the event but, NO new heat will be made.

ATTENDING COACHES: Must also be registered through AAU as a coach member.

ENTRY FORMS: All teams are encouraged to enter the meet with Hy-Tek.

ENTRY: Entries must be received by **5:00pm Thursday, January 4, 2018**. All entries need to be sent to pool.hfc@gmail.com Verification will be sent as soon as your entries are received.

All Fees are due by the beginning of the meet

Entry Fees may be mailed to;
Attn. Coach Farrin
HealthWorks Fitness Center
304 N Madison
El Dorado, AR 71730

FACILITY & AAU RULES: Prohibit smoking and use of other tobacco products or alcohol. No camera or camera phones are allowed in the dressing rooms

LODGING:

| | | |
|-------------------------|-------------------------|-----------------------------|
| Holiday Inn Express | Country Inn & Suites | Candlewood Suites El Dorado |
| 1819 Junction City Road | 2413 West Hillsboro St. | 2210 Junction City Hwy |
| El Dorado, AR 71730 | El Dorado, AR 71730 | El Dorado, AR 71730 |
| (870)-881-8900 | (870)-881-0455 | 870-677-3939 |

QUESTIONS: Contact Coach Farrin (870)-862-5442 ext. 13 or 40 or e-mail to aquatics.hfc@gmail.com

Each attending team is encouraged to provide volunteers for timing or officiating

EVENTS:

| GIRLS | AGE | DISTANCE | STROKE | BOYS |
|-------|-------|----------|--------------|------|
| 1 | OPEN | 200 | Medley Relay | 2 |
| 3 | OPEN | 200 | Free | 4 |
| 5 | 8 & U | 25 | Butterfly | 6 |
| 7 | OPEN | 50 | Butterfly | 8 |
| 9 | OPEN | 100 | Butterfly | 10 |
| 11 | OPEN | 200 | Butterfly | 12 |
| 13 | 8 & U | 25 | Back | 14 |
| 15 | OPEN | 50 | Back | 16 |
| 17 | OPEN | 100 | Back | 18 |
| 19 | OPEN | 200 | Back | 20 |
| 21 | 8 & U | 25 | Breast | 22 |
| 23 | OPEN | 50 | Breast | 24 |
| 25 | OPEN | 100 | Breast | 26 |
| 27 | OPEN | 200 | Breast | 28 |
| 29 | 8 & U | 25 | Free | 30 |
| 31 | OPEN | 100 | Free | 32 |
| 33 | OPEN | 100 | IM | 34 |
| 35 | OPEN | 200 | IM | 36 |
| 37 | OPEN | 50 | Free | 38 |
| 39 | OPEN | 200 | Free Relay | 40 |

Various ages will swim together but scored and placed in proper age group.