



2025 AAU North American Powerlifting Championships and 2025 AAU North American Single Lift Bench Press, Deadlift, and Push/Pull Championships

Harrah's Hotel & Casino Ballroom Laughlin, NV

Date: June 14 & 15, 2025

*****NEW SINGLE LIFT AND REPETITION EVENTS*****

LOCATION: 2900 S. Casino Dr. Laughlin, NV. 89029

SPECTATORS: \$20 per day for indoor events, except officials, coaches and lifters entered. 10 years old & under Free admission.

PHOTOGRAPHY: Cameras, cell phones and videotaping allowed.

AGE CATEGORIES:

Youth (6-7, 8-9, 10-11), Jr Teen (12-13, 14-15) Teen (16-17, 18-19), Junior (20-23), Open (all ages), Submasters (35-39), Masters (40-44, 45-49, etc. in 5-year increments), American Heroes (Military, Police, Fire, and First Responders), and disabled category.

WEIGHT CLASSES:

LADIES: 30KG, 35KG, 40KG, 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 100+KG

MEN: 30KG, 35KG, 40KG, 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 110KG, 125KG, 140KG, 140+KG

*****NEW SINGLE LIFT AND REPETITION EVENTS*****

EVENTS: Full Powerlifting, Single Lift Squat, Single Lift Bench Press, Single Lift Deadlift, PushPull (Bench press & Deadlift), Strict Curl, Bench Press for Reps, & Deadlift for Reps

ORDER of EVENTS EACH DAY: 1) Strict Curl; 2) Squat/Single-Lift Squat; 3) Bench Press/Single-Lift Bench Press; 4) Bench Press for Reps; 5) Deadlift/Single-Lift Deadlift; 6) Deadlift for Reps.

SCHEDULE of EVENTS:

Friday, June 13

6:00-7:30 PM - Early weigh-ins for SATURDAY Lifters (All Youth/Teen lifters, Women)

Saturday, June 14

9:00-10:00 AM - Regular Weigh-ins for SATURDAY Lifters (All Youth/Teen lifters, Women)

11:00 AM – Rules Meeting

12:00 PM - Powerlifting begins.

5:00 PM (Immediately following powerlifting) - Referee Meeting/Training

6:00-7:30 PM - Early weigh-ins for SUNDAY Lifters (All Men)

Sunday, June 15

7:00-8:00 AM - Regular Weigh-ins for SUNDAY Lifters (All Men)

9:00 AM - Powerlifting begins.

Order of Events: 1) Strict Curl; 2) Squat/Single-Lift Squat; 3) Bench Press/Single-Lift Bench Press; 4) Bench Press for Reps; 5) Deadlift/Single-Lift Deadlift; 6) Deadlift for Reps

AWARD & RECORD INFORMATION: AAU Championship medals will be awarded to 1st through 3rd places in all categories entered.

RECORDS: U.S citizens are eligible to break AAU American and World Records. Non-U.S. citizens are eligible for AAU World Records only. This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

*****NEW SINGLE LIFT AND REPETITION EVENTS*****

AAU CARDS: ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP NUMBER, AND MEMBERSHIP CARDS MUST BE PRESENTED AT WEIGH-INS! AAU MEMBERSHIP CARDS MUST BE PURCHASED SEPARATELY THROUGH THE AAU WEBSITE. PARTICIPANTS ARE ENCOURAGED TO VISIT THE AAU WEB SITE WWW.AAUSPORTS.ORG TO OBTAIN THEIR MEMBERSHIP.

AS PART OF THE AAU MEMBERSHIP PROCESS, ALL LIFTERS AGE 20+ WILL HAVE A BACKGROUND CHECK PERFORMED, AND THIS PROCESS CAN ADD A WEEK TO CARD APPROVAL, SO PURCHASE/UPDATE YOUR MEMBERSHIPS IN ADVANCE!

ENTRY FEES: Adults: \$100 for first division entered, \$60 per crossover for each additional class. Youth/Teens: \$60 for first division entered, \$40 per crossover for each additional class.

ELIGIBILITY: All competitors must have a current AAU membership card (\$30 adult \$20 youth); Extended Membership card (\$33 adult \$22 youth - \$100,000 Emergency Medical coverage). You MUST purchase this membership online in advance of signing up for this meet!

ENTRY DEADLINE: June 2, 2025, NO LATE ENTRIES, and NO REFUNDS!

Entry fee for the first division entered is \$100, plus an additional \$60 per crossover division. For example, Division 1: Raw Bench Press OPEN (\$100) + Division 2: Raw Deadlift OPEN (\$60) + Division 3: Raw PushPull OPEN (\$60) + Division 4: Strict Curl (\$60) = \$280.

Mail checks or money orders, made payable to:

Mikel Meadows
1811 Tejon Dr
Bullhead City, AZ 86442

OR

Pay by Venmo: @MohaveMike

Additional contact info for Mike: Email: Seekprov31@gmail.com , Tel: (928)234-5774

HOTEL INFORMATION:

Room Information: Our rate is \$35 per night Thurs. & Sun. nights, and \$105 per night Fri. & Sat. nights. Please book your rooms early, our block is on a first come first serve basis. When the block fills, room rates WILL GO UP. If you choose to make reservations online, you must select **BOTH** the arrival and departure dates and press update – Harrah’s website automatically defaults to a one-night stay. Reservation weblink is: <https://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S06NAC5>

You can also call 866-781-9572 and make reservations using reference the group code # **S06NAC5**.

ENTRY FORM - Athlete Information

First Name _____

Last Name _____

AAU Card Number _____ Phone Number _____

Male or Female (circle one) Age on date of meet _____

Weight Class _____ Raw or Equipped (circle one)

Identify classes entered below as: Male or Female, weight class, division. If entering multiple divisions, please enter all events you wish to compete in and separate with a comma.

Event(s) Entered _____

Street Address _____

Street Address Line 2 _____

City _____

State / Province _____ Zip Code _____

Date of birth (MM-DD-YYYY) _____ Date _____

Gender _____ Email address _____

AAU Strength Sports Waiver

In order to be able to participate in this or any other AAU Strength Sports event, I hereby consent to be drug tested by urinalysis or whatever other method is chosen by AAUPC. I agree if I fail or refuse to be tested that I will automatically be disqualified from the event(s) and may be subject to further penalties under the AAU Code. I further consent to the publication of my test results and/or my failure/refusal to test in sole discretion of the AAUPC.

I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature _____ Date _____

Signature (parent or guardian if under 21) _____

Total of entry fees paid _____

Payment Type _____

Please include the total entry fees for the weight class(es) and division(s) you wish to compete in. As a reminder, the entry fee for adults for the first powerlifting division is \$100, and crossover fee is \$60 for each addition division entered. (Ex: full power in equipped masters full power 165 lb. is \$100. Entry into any additional divisions will be an additional \$60 per division). TEAM ENTRY FEE is \$50 per team. LATE FEE IS \$50.

AAU Strength Sports Drug-Testing Consent Form

By signing this form, I (full name) _____

Affirm that I am aware of the Amateur Athletic Union Strength Sports drug-testing program and have read the Adult Substance Abuse Program Summary. I acknowledge that the doping or the use of drugs before or during the competition is prohibited and a violation of the AAU Code. I can send and agree to urine drug testing to participate in any and all AAU Strength Sports events. I understand and agree that the collection process and testing procedures will be performed by a third party and in accordance with the AAU Strength Sports Testing Policy. I acknowledge that the AAU Strength Sports shall notify me of the results of the test by certified mail, return receipt requested, to the address I provide below.

I FURTHER ACKNOWLEDGE AND AGREE THAT SHOULD NOTICE OF A POSITIVE TEST BE RETURNED FOR ANY REASON TO AAU STRENGTH SPORTS, AAU STRENGTH SPORTS SHALL HAVE THE RIGHT TO POST MY NAME ON THE SUSPENSION LIST LOCATED ON THE WEB PAGE OF AAU STRENGTH SPORTS. I acknowledge that if I test positive, refused to be tested, AND/OR failed to appear for testing, I will automatically be disqualified from any and all AAU Strength Sports events and maybe subject to further penalties and/or sanctions under the policies and procedures set forth in the AAU Code. I acknowledge that I may request a hearing before the AAU Review Board to challenge my disqualification from any and all AAU Strength Sports. I acknowledge and agree that this consent shall be in effect for one year from the date of signing. The parties herein agree that if any part of this consent shall be deemed invalid and/or unenforceable, the remaining terms and provisions of said consent shall remain in full force and effect. I acknowledge that I have read this consent and fully understand and agree with its contents. I further acknowledge that if I am selected to be tested I may be required to sign another consent form.

Today's Date (MM-DD-YYYY) _____ Date of Birth _____

Street Address _____

City _____ State / Province _____

Postal / Zip Code _____ Phone Number _____

AAU Membership Number _____ AAU Membership Status _____

Signature _____



2025 AAU North American Weightlifting Championships and 2025 AAU North American Single Lift Weightlifting Championships

*You may enter either Weightlifting, Snatch only, Clean and Jerk Only, Power
Clean Only, or any combination*

Harrah's Hotel & Casino Ballroom Laughlin, NV
Date: Saturday June 14, 2025

LOCATION: 2900 S. Casino Dr. Laughlin, NV. 89029

SPECTATORS: \$20 per day for indoor events, except officials, coaches and lifters entered. 10 years old & under Free admission.

PHOTOGRAPHY: Cameras, cell phones and videotaping allowed.

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MEN: 30KG, 35KG, 40KG, 44KG, 47.5KG, 52.5KG, 60KG, 67.5KG, 75KG, 82.5KG, 90KG, 100KG, 110KG, 125KG, 140KG, 140+KG

EVENTS: Weightlifting, **Single Lift Snatch, Single Lift Clean & Jerk, Single Lift Power Clean.**

SCHEDULE OF EVENTS:

Friday, June 13

6:00-7:30 PM FRIDAY, June 13 - Early weigh-ins

Saturday, June 14

7:00-8:00 - Regular Weigh-ins

8:30 AM - RULES Meeting.

9:00 AM - North American Weightlifting

Order of Events: Snatch, Clean & Jerk, Power Clean.

AWARD & RECORD INFORMATION: AAU National Championship medals will be awarded for 1st through 3rd places in all categories entered.

RECORDS: U.S citizens are eligible to break AAU American and World Records. Non-U.S. citizens are eligible for AAU World Records only. This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

AAU CARDS: ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP NUMBER, AND MEMBERSHIP CARDS MUST BE PRESENTED AT WEIGH-INS! AAU MEMBERSHIP CARDS MUST BE PURCHASED SEPARATELY THROUGH THE AAU WEBSITE. PARTICIPANTS ARE ENCOURAGED TO VISIT THE AAU WEB SITE WWW.AAUSPORTS.ORG TO OBTAIN THEIR MEMBERSHIP.

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ELIGIBILITY: All competitors must have a current AAU membership card (\$30 adult \$20 youth); Extended Membership card (\$33 adult \$22 youth - \$100,000 Emergency Medical coverage). You MUST purchase this membership online in advance of signing up for this meet!

ENTRY DEADLINE: June 2, 2025, NO LATE ENTRIES, and NO REFUNDS!

Mail checks or money orders, made payable to:

Mikel Meadows
1811 Tejon Dr
Bullhead City, AZ 86442

OR

Pay by Venmo: @MohaveMike

Additional contact info for Mike: Email: Seekprov31@gmail.com , Tel: (928)234-5774

HOTEL INFORMATION:

Room Information: Our rate is \$35 per night Thurs. & Sun. nights, and \$105 per night Fri. & Sat. nights. Please book your rooms early, our block is on a first come first serve basis. When the block fills, room rates WILL GO UP. If you choose to make reservations online, you must select **BOTH** the arrival and departure dates and press update – Harrah’s website automatically defaults to a one-night stay. Reservation weblink is: <https://www.caesars.com/book/?propCode=LAU&action=FindRooms&groupcode=S06NAC5>

You can also call 866-781-9572 and make reservations using reference the group code # **S06NAC5**.

ENTRY FORM - Athlete Information

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Last Name _____

AAU Card Number _____ Phone Number _____

Male or Female (circle one) Age on date of meet _____

Weight Class _____ Raw or Equipped (circle one)

Identify classes entered below as: Male or Female, weight class, division. If entering multiple divisions, please enter all events you wish to compete in and separate with a comma.

Event(s) Entered _____

Street Address _____

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City _____

State / Province _____ Zip Code _____

Date of birth (MM-DD-YYYY) _____ Date _____

Gender _____ Email address _____

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I understand that both the collection process and testing procedures will be performed by a third party (not AAUPC or AAU) I hereby release, discharge and covenant not to sue the AAUPC and/or the AAU, their respective administrators, directors, agents, officers, members, volunteers, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which any AAU activity takes place (each considered one of the releases) , from all liability, claims, demands, losses, or damages on any account caused or alleged to be caused in whole or in part by any and all of the releases or otherwise, relative to the drug testing, the publication(s), or any matter related to this event, and further agree that if, despite this release and waiver of liability, assumption of risk and indemnity agreement, such a claim is made against any of the releases, the undersigned will indemnify, save and hold harmless each of the releases from any litigation expenses, attorney's fees, loss, liability, damage, or cost which may occur as a result of such claim.

The parties agree that if any portion of the consent/release shall be deemed invalid and/or unenforceable, the rest of such consent/release shall remain in full effect.

Signature _____ Date _____

Signature (parent or guardian if under 21) _____

Total of entry fees paid _____

Payment Type _____

Please include the total entry fees for the weight class(es) and division(s) you wish to compete in. As a reminder, the adult entry fee for the first weightlifting division is \$100, and crossover fee is \$60 for each additional division entered; youth weightlifting fee for the first division is \$60, and crossover fee is \$40 for each additional division entered.

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Signature _____