



NGWL AAU Wrestling Tournament
Tiger Invitational
Date: 01/11/2025
Address: 29 Tiger Trail, Ringgold, GA. 30736

Event Schedule is as follows: - All times are: Eastern Standard Times.

WEIGH INS - All wrestlers must show AAU card at weigh in time

Morning Session:

 Weigh Ins are from 7:00 am – 8:00 am

 Coach and Scratch Meeting 8:00 am

 Wrestling begins at 8:30 am for (Tots, Midgets and Middle School)

Afternoon Session:

 Weigh Ins are from 12:00 pm – 1:00 pm

 Coach and Scratch Meeting 1:00 pm

 Wrestling begins at 1:30 pm for (Bantams and Juniors)

*Weigh-ins will be done in singlet with a one-pound allowance only.

*Wrestlers not making registered weight must bump up & bracket change

Tournament Participants for Kids of the following ages:

- Tot 2019-and after - Bantam 2018-2017 - Midget 2016-2015 - Junior/Novice 2014-2013 - Middle School/Schoolboy 2012, 2011 & 2010 (No High School Wrestlers Allowed)
- Middle School: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, 250
- Junior: 60,65,70,75,80,85,90,95,100,105,112,120,130,140, HWT
- Midget: 50,55,60,65,70,75,80,85,90,95,103,112,120,130,HWT
- Bantam: 40,45,50,55,60,65,70,75,80,90, HWT
- Tot: 35, 40, 45, 50, 55, HWT

Mandatory Pre-Registration online @ www.trackwrestling.com Late Registration: \$20.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)

Include: Name, Ranking (1-5), DOB, Weight class, AAU Membership #

Awards: Medals: 1st through X place finishers in each division.

Registration Cost: \$10.00 plus current AAU membership card is required.

Late Registration: \$20.00 (for all wrestlers who do not pre-register by midnight on Thursday before the date of each league event)

Admission: \$ 5.00 Adults/Children and \$ 2.00 Children 4 and Under

Coaches Entry: Current AAU membership card required to be on the floor coaching an athlete.

1 coach per 5 wrestlers not to exceed 8 coaches - NO EXCEPTIONS!

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc - All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR ADDITIONAL INFORMATION CONTACT:
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