



**4STAR Track Club  
May 21, 2022  
7<sup>th</sup> Annual Track Meet  
Rockdale High School Track  
Rockdale, Texas 76567**

**Admission is \$10/athlete and \$10/spectator  
Registration is on Coach O**

**Coaches meeting will start at 6:30 am. All Events on a Rolling Schedule**

**Field events and 3000m Run will start at 7:00 am.**

**Long Jump**

**Triple Jump**

**Pole Vault**

**Discus**

**Shot Put**

**High Jump**

**Turbo Javelin & Javelin**

**All Division**

**Youth & Up**

**Youth & Up**

**Sub Midget & Up**

**All Division**

**All Division**

**3000m Run Starts @ 7:00 am**

**Running Events start @ 9:00am (All Events on a Rolling Schedule)**

**4x100m Relay**

**800m Dash**

**80m hurdles**

**100m hurdles**

**110m hurdles**

**100m Dash**

**400m Dash**

**400m hurdles**

**200m hurdles**

**200m Dash**

**1500m Run**

**4x400m Relay**

**All Divisions**

**All Divisions**

**11-12**

**13-14, 15-16, 17-18**

**13-14, 15-16, 17-18**

**All Divisions**

**All Divisions**

**15-16, 17-18 girls & boys**

**13-14 G/B**

**All Divisions**

**All Divisions**

**All Divisions**

**CONCESSIONS WILL BE AVAILABLE**

**For more information:**

**Email: [eldrickcooper@yahoo.com](mailto:eldrickcooper@yahoo.com) or [rizaecooper@yahoo.com](mailto:rizaecooper@yahoo.com) .**

**Call: Coach Eldrick Cooper (512) 507-8413 or Riza Cooper (512) 296-3250**

- **This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.**
- **All participants must have a current AAU membership.**
- **AAU membership may not be included as part of the entry fee to the event.**
- **AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.**