DFW WINGS TRACK MEET
Arlington High School 818 W Park Row, Arlington TX
May 24, 2025

Schedule Events Start Time - 8:30am star┼

EVENT

3000 Meter Run…………………………………(13 &Up)

4 X 100 Meter Relay …………………………… (ALL)

1500 Meter Race Walk…………………………………(12 & under)

800 Meter Run ....…………….. (ALL)

50 Meter Dash (will run opposite site of hurdles) (6&under)

Hurdles 80 Meters & Up..................................... (11-12)

Hurdles 100,110 Meters & Up..................................... (13 & Up)

100 Meter Dash………..................................... (ALL)

400 Meter Run …………………………..…….. (13 & Up)

200 Meter Hurdles ………………………… (13-14)

400 Meter Hurdles ………………………… (15-16, 17-18)

200 Meter Dash ………………………….…... (12&down)

1500 Meter Run …………………………….. (ALL)

4X400 Meter Relay …………………………… (ALL)

SCHEDULE OF FIELD EVENTS   8:30AM Start

High Jump ……………….   9 Yrs & Up *Girls, Boys (youngest - oldest)*

Long Jump ………………. *Boys, Girls (Oldest - youngest)*

Triple Jump ………………. 13&up *Girls, Boys (youngest - oldest)*

Discus ……………….   11 Yrs & Up

Shot Put ………………. *(oldest to youngest)*

Turbo Javelin ……………….12&under *(Girls, Boys)*

Medals 1st - 3rd Place

Divisions	Year of Birth	Divisions	Year of Birth
8 & Under	(2017)	13-14	(2012-2011)
9-10	(2015-2016)	15-16 Year Old	(2009-2010)
11-12	(2013-2014)	17-18 Year Old	(2007-2008)

Due to F.A.T. pre-registration for all age groups will be on-line at www.coacho.com. This is MANDATORY for all athletes There will be no walk-in entries!! Teams must pre-register and pay all fees by 11:00pm Wednesday May 21, 2025 . NO EXCEPTIONS!

**Participating athletes - $15.00

**Spectators - $10.00

**Registered AAU/USA.TAAF track coaches - 5 Entrees Free

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership.

AAU Youth Athlete membership must be obtained before the competition begins.

Non-Athlete memberships cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership

**Please note field event participants will be responsible to provide their own implements

Fully Automatic Timing with live on-line updates provided by JIRA Timing