



# AAU Ozark District Championship

## Sunday, January 14, 2024



**ALL WRESTLERS WILL WRESTLE AT  
LINDBERGH HIGH SCHOOL**  
5000 S Lindbergh Blvd, St. Louis, MO 63126

### **TOURNAMENT SCHEDULE (Subject to change)**

Sunday, January 14<sup>th</sup>

Tot & Bantam	9:00am
Midget & Schoolboy	11:00am
Novice & Cadet	2:00pm

### **DIVISIONS:**

Gold Division: For all Tot age group wrestlers, and Bantam/Midget/Novice/Schoolboy/Cadet wrestlers with less than one (1) year experience.

Blue Division: Open to any competitor meeting the age requirement but is intended for wrestlers with more than one (1) year experience.

**Tots:** Born in 2018 or after (Gold Division ONLY)

**Bantam:** Born in 2016 or 2017

**Midget:** Born in 2014 or 2015

**Novice:** Born in 2012 or 2013

**Schoolboy:** Born in July 1, 2010 – December 31, 2011

**Cadet:** Born January 1, 2008 – June 30, 2010 (8<sup>th</sup> Grade or under).

Weight classes are as follows:

**Tot:** 35, 40, 45, 50, 55, HWT

**Bantam:** 40, 45, 50, 55, 60, 65, 70, HWT

**Midget:** 50, 55, 60, 65, 70, 75, 80, 85, 92, 100, 112, 125, HWT

**Novice:** 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 119, 132, 148, HWT

**Schoolboy:** 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, HWT

**Cadet:** 88, 95, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, HWT

Gold and Blue division wrestlers must weigh-in and make **Scratch Weight** with no weight allowance.

Please provide **Exact** weights for HWT.

**Awards:** Blue and Gold division medals to top 6 placers.

**Rules:** Double elimination, MSHSAA (Folk Style) match rules will apply. Length of bouts for Tot, Bantam, Midget, Novice (1-1-1). Schoolboy & Cadet (2-1-1). Only AAU certified wrestling coaches allowed on mats.

**Parents must remain in the stands. All coaches must have a printed copy of their AAU Coaches Card in a visible lanyard to be coaching matside. Otherwise you will be asked to move to spectator seating. NO EXCEPTIONS.**



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### **WEIGH-INS**

#### **ALL BLUE & GOLD DIVISIONS**

Weigh-ins will be held on Saturday, January 13, 2023 from 5:30pm to 7:30pm.

Additional weigh-ins will be held on Sunday, January 14<sup>th</sup> from 7:00am – 8:00am for Tot & Bantam only; from 9:00am – 10:00am Midget & Schoolboy and from 12:00pm – 1:00pm for Novice & Cadet.

No early weigh-ins, no remote weigh-ins, **no double entries** and **no changing weight classes**.

### **SEEDING MEETING**

Seeding will be determined by the results of the Missouri Challenge.

The Gold Division will be randomly drawn into brackets, not seeded.

### **REGISTRATION AND ENTRY FEES**

Online registration only at [www.trackwrestling.com](http://www.trackwrestling.com).

Track Wrestling Tournament Names: Ozark District Championship – Blue Division  
Ozark District Championship – Gold Division

Deadline for entries is **Wednesday, January 10, 2024 by 10:00pm**.

Individual Entries: The entry fee for individual wrestlers is \$30 per wrestler and must be paid online at [www.trackwrestling.com](http://www.trackwrestling.com) at the time of registration. All individual entries will wrestle unattached.

Team Entries: The entry fee for team entries is \$30 per wrestler and may be paid online during registration at [www.trackwrestling.com](http://www.trackwrestling.com).

### **ADMISSION**

Admission is FREE for all spectators. (Requesting no more than 2 spectators per participant)

### **AAU Memberships:**

1) This event is sanctioned by the Amateur Athletic Union of the U. S., Inc. 2) All participants must have a current AAU membership. 3) AAU membership may not be included as part of the entry fee to the event. 4) AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site [www.ausports.org](http://www.ausports.org) to obtain their membership.

### **Questions:**

Contact - Mark Watkins at [lwrestling@gmail.com](mailto:lwrestling@gmail.com) or 314-712-4965  
and/or

- DJ Simmons at [djsimmons1976@yahoo.com](mailto:djsimmons1976@yahoo.com) or 314-565-7293