



Missouri Elite Sports Club 60th Anniversary Track Invitational
Sunday, June 2nd, 2024

Coaches, Athletes, Parents and All Spectators are expected to promote good sportsmanship and display respectful behavior. Each team is responsible for the conduct of their team. PLEASE REMEMBER, DESMET HIGH SCHOOL IS A SMOKE-FREE (OF ANY KIND), ALCHOL-FREE FACILITY. NO PETS ALLOWED IN THE STADIUM.

LOCATION: Desmet High School, 233 N New Ballas Rd., St. Louis, MO 63141

Contact Information: Lisa Nelson 314-303-0286

Entry Fees: \$20.00 per athlete ages (3 -19) open to all youth athletes.

Admission Gate Fee: Spectators \$5 (3yrs of age and older) We encourage you to purchase ahead for your spectator ticket but cash will be welcome also.

Meet Entry Link: https://coachoregistration.com/track/entry/mo_elite

ENTRIES MUST BE RECEIVED BY THURSDAY, MAY 30th @ 11:59 PM CT. The meet is open to all unattached athletes and clubs. Fees must be paid at the close of the meet registration. A service charge will be applied by coacho.com and a credit/debit card must be used.

ENTRY LIMITATIONS: Athletes ages 3 thru 12 may enter up to 3 events. Ages 13 and above may enter up to 4 events. Athletes may enter only those events listed for his/her division and may enter only the division corresponding to his/her year of birth. **Athletes 18 and under as of August 3, 2024, may compete in this event.**

AWARDS: Medals for 1st, 2nd and 3rd place finishers and ribbons for 4th, 5th & 6th place finishers. Pee Wee athletes will receive a participation ribbon or medal for their awards at the end of all their events with a special gift. All races will be timed finals except for 6 & under will not be electronically timed or marked.

EQUIPMENT: "House" throwing implements will be available. Teams are encouraged to bring their own implements for their personal use. Starting Blocks will be provided. **ATHLETES 10 AND UNDER – NO BLOCKS.**
No spikes longer than 1/8" will be allowed on the track.

MEDICAL PROFESSIONAL: On duty to attend to injuries only.

CONCESSIONS: Will be operated during the meet. No glass bottles or personal grills will be allowed.

TENTS: Tents are allowed in areas that will not impede the athletes during competition and should not block the track, finish line, field events or PA booth areas. There will be an area marked off for "tent City" and for athlete warmups. No athletes will be allowed in the infield unless currently involved in their event.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU Youth Athlete membership must be obtained before the competition begins.
Non-Athlete memberships cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.



ORDER OF EVENTS

FIELD EVENTS & RUNNING EVENTS WILL BEGIN AT 8:30 A.M.

*Athletes competing in field events must notify the field event official they are competing in a Running event only. They will be required to return to that field event no more than 10 minutes after their running event is over. If they are also in another field event that is called for their age group, they must notify the field event official so the official can notify the other field official of the athletes' status. All field events will run girls first then boys in the order that is listed.

All running events will run girls first, then boys from youngest to oldest within each event unless specified below. We reserve the right to run age groups and/or genders together in any event but they will be awarded separately

FIELD EVENTS (girls then boys)

SOFTBALL THROW – Pee Wee only

LONG JUMP – 11-12yr olds; 13-14yr olds; 9-10yr olds; 7-8yr olds; 15-18yr olds

HIGH JUMP – 9-10 yr olds; 11-12 yr olds; 13-14 yr olds; 15-18 yr olds

DISCUS – 13-14 yr olds; 15-18 yr olds; 11-12 yr olds

SHOT PUT – 7-8 yr olds; 9-10 yr olds; 15-18 yr olds; 13-14 yr olds; 11-12 yr olds

TURBO JAV/JAVELIN – 15-18yr olds; 7-8yr olds; 11-12yr olds; 9-10yr olds; 13-14 yr olds

RUNNING EVENTS (girls then boys, running events may be combined)

Timed Final	3000 M Run	11-12, 13-14, 15-16, 17-18
Timed Final	80MH/100MH/110MH	11-12, 13-14, 15-16, 17-18
Timed Final	1500 M Run	9-10, 11-12, 13-14, 15-16, 17-18
Not Timed	50 M Dash	Pee Wee (6 yrs. & under; must have a wristband)
Not Timed	100 M Dash	Pee Wee (6 yrs. & under; must have a wristband)
Timed Final	100 M Dash	7-8, 9-10, 11-12, 13-14, 15-16, 17-18
Timed Final	400 M Run	7-8, 9-10, 11-12, 13-14, 15-16, 17-18
Timed Final	200 M Hurdles	13-14
Timed Final	300 M Hurdles	15-16, 17-18
Timed Final	1500 M RW	9-10, 11-12, 13-14, 15-16, 17-18
Timed Final	800 M Run	7-8, 9-10, 11-12, 13-14, 15-16, 17-18
Timed Final	4X200 M Relay	7-8, 9-10, 11-12, 13-14, 15-16, 17-18

DISCLAIMER: All athletes, coaches, parents and volunteers participating in this event acknowledge that they risk accident/injury and all named in heretofore assume full responsibility for themselves and their charges and agree that the following parties are not liable for any unfortunate events that may occur in the competition upon entry: AAU, DESMET HIGH SCHOOL, MISSOURI ELITE SPORTS CLUB AND ALL OFFICIALS, WORKERS, AND VOLUNTEERS.