# SHORIN RYU KARATE CLUB CHAMPIONSHIPS

This event is a Minnesota District qualifier for the Amateur Athletic Union of the U.S., Inc.

### **WHEN**

Saturday, February 11th, 2023

### **WHERE**

St. Anthony Community Center 3301 Silver Lake Rd NE Minneapolis, Mn 55418

### **SCHEDULE OF EVENTS**

9:30am Registration Begins 10:00am Competition Begins

Gold, Silver, and Bronze medals will be awarded.



This event is licensed by the Amateur Athletic Union of the U.S., Inc. All Participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

Be prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at the event. Please allow 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



### **ENTRY FEES**

\$35 for one event, \$5 for each additional event Make checks payable to: Dieter Von der Marwitz Mail to: 554 Little Canada Rd. E. Little Canada, MN 55117

Safety Equipment Required for Sparring (Kumite):

Mouth guard, groin cup (males), foam or cloth sparring gear, headgear (children), adult headgear is optional.



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KATA (FORMS)		
AGE	DIVISION	
5-6	Nov.	
5-6	Int.	
7-8	Nov.	
7-8	Int.	
7-8	Adv.	
9-10	Nov.	
9-10	Int.	
9-10	Adv.	
11-12	Nov.	
11-12	Int.	
11-12	Adv.	
13-14	Nov.	
13-14	Int.	
13-14	Adv.	
15-17	Nov.	
15-17	Int.	
15-17	Adv.	
Women (18+)	Nov.	
Women (18+)	Int.	
Women (18+)	Adv.	
Men (18+)	Nov.	
Men (18+)	Int.	
Men (18+)	Adv.	
Women (18-34)	Black Belt	
Men (18-34)	Black Belt	
Women (35+)	Black Belt	
Men (35+)	Black Belt	

### **TEAM KATA (UNISON)**

Open Female Team Kata Open Male Team Kata

## KOBUDO (WEAPONS)

AGE	DIVISION
8 & under	Nov.   Int.   Adv.
9-12	Nov.   Int.   Adv.
13-17	Nov.   Int.   Adv.
12 & under	Junior Black
13-14	Junior Black
15-17	Junior Black
Adult (18+)	Nov.   Int.   Adv.
Adult (18-34)	Black Belt
Adult (35+)	Black Belt

### **DIVISION BREAKDOWN**

Nov.White to OrangeInt.Green to PurpleAdv.Brown to Junior Black

### KUMITE (SPARING)

AGE 5-6 5-6 7-8 7-8 7-8	DIVISION Nov. Int. Nov. Int. Adv.
5-6 7-8 7-8	Int. Nov. Int.
7-8 7-8	Nov. Int.
7-8	Int.
70	Adv.
1-0	
9-10	Nov.
9-10	Int.
9-10	Adv.
11-12	Nov.
11-12	Int.
11-12	Adv.
Girls 13-14	Nov.
Girls 13-14	Int.
Girls 13-14	Adv.
Boys 13-14	Nov.
Boys 13-14	Int.
Boys 13-14	Adv.
Girls 15-17	Nov.
Girls 15-17	Int.
Girls 15-17	Adv.
Boys 15-17	Nov.
Boys 15-17	Int.
Boys 15-17	Adv.
Women (18+)	Nov.
Women (18+)	Int.
Women (18+)	Adv.
Men (18+)	Nov.
Men (18+)	Int.
Men (18+)	Adv.
Women (18-34)	Black Belt
Men (18-34)	Black Belt
Women (35+)	Black Belt
Men (35+)	Black Belt

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### FILL THIS FORM OUT COMPLETELY. PLEASE PRINT.

Name:		AAU #:
Birthday:	Age:	Sex: M / F
Karate Style:		Instructor:
Rank (Belt Color):		
Kata (Forms) Division:		Team Kata (Unison) 🗖
Kumite (Sparing) D	ivision:	
Kobudo (Weapons)	Divison:	

Read the following and sign. All minors (under 18 years of age) MUST have the signature of a guardian.

The participant agrees to comply with the rules of the Shorin Ryu Karate Club Championships and acknowledges that competing in this Karate event is physical, and participation in such competition can result in injury to a participant. The participant hereby waives any claim of damages or injury against the City of St. Anthony, St. Anthony Community Services, Shorin Ryu Minnesota, Amateur Athletic Union (AAU), or any of its officers, agents, employees, or any individual connected with the organization or promotion of the Shorin Ryu Karate Club Championships and expressly assumes all risks, of whatever nature, resulting from participation.

Participant Signature:	Date:
Parent/Guardian Signature:	Date:



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