

**Iowa AAU**  
**Karate**  
**IAAAU District Karate Championships**  
**May 4, 2024**

**Hosted by Iowa Shotokan Karate**  
**Iowa Shotokan Karate Do, Waterloo, IA**

**AGE GROUPS:** 5-17 Yrs Old, 18-34 Yrs Old, 35 + Yrs Old

**ENTRY FEE:** \$55.00

**ENTRY FEE PAYABLE TO:** Iowa Shotokan Karate

**ENTRY DEADLINE:** May 03, 2024

**AWARDS:** 1,2 and 3 place

**RULES:** AAU Karate Rules

**ADDITIONAL INFO:** Open to All AAU Karate Competitors

**FOR MORE INFORMATION:**

Mujaga Mustafic  
mustaficm@aol.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.