





2023 AAU Karate NC Championship

AAU Karate N.C. State/District Championship Saturday, March 11, 2023, doors open 8:30 AM Simkins Pavilion, 1500 Barber Park Rd, Greensboro, NC 27401

REGISTER AT www.TrianglesBestKarate.com

ENTRY DEADLINE: March 8, 2023 (NO ON-SITE REGISTRATION)

ATHLETE FEE: \$75 per individual athlete (1-5 events)

TEAM FEE: \$80 per team (kata or kumite)

COACH FEE: \$25 per individual

REFEREES STIPEND AVAILABLE, to all 16 yrs+ black belts

Call Director Cyndy Yu-Robinson with questions: 919-844-5555

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied

for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.