

Breaking Through Traditional TRAINING



- Learn bio-mechanical concepts within your Tul, Poomse, or Kata.
- Apply those fundamental concepts on your opponent's structure.
- Experience a system of training not limited to soft or hard style principles.
- Extrapolate combative contents from the Kata. Revitalize the art in your system
- Learn basic theory of Kinetic chaining.



Traveling From Australia
7th Dan
Master Colin Wee



January 20th 4pm-6pm

January 21st 9am-11am

January 22nd Closed door session invite only TBA

Register before January 1st

Reserve your copy of

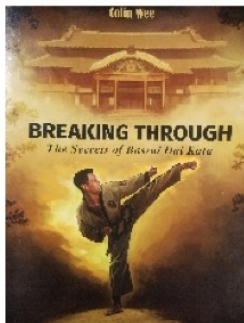
Award Winning Book



Will Just 5th Dan

"Breaking Through" - The Secrets of Bassai Dai

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event, AAU membership must be obtained before the seminar begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU website www.aau.org to obtain their membership.



For ticket sales and book reservation
<https://BreakingthroughTKD.eventbrite.com>

Want to Chat? JDKNY@proton.me

Location of Event

Northeast TaeKwonDo

369 Duanesburg road
Rotterdam, NY 12306

For more information visit:

<https://breakingthrough.world/new-york>

