

Iowa AAU State Championships

Saturday-Sunday April 29th - 30th, 2023

Saturday-Trampoline, Double-mini Trampoline, Synchronized Trampoline
Sunday- Tumbling and Single-mini

Bridge View Center
102 Church Street
Ottumwa, IA 52501



ENTRY FEE: 1 event: \$40 2 events: \$50 3 events: \$60 4 events : \$70 5 events: \$80

ENTRY DEADLINE: Emailed: Thursday March 30th, 2023
Payment postmarked Friday March 31st, 2023 (one check per club)
All entries must be typed, no handwritten entries will be accepted
Theflipsquad1@gmail.com

AWARDS: Medals by flight (awarded on floor)

Event Awards
1st-10th Medals
(top 10 scores make podium)

Payment: Checks Payable to: Flip Squad
Send Entries to:
Deb Whitmore
208 Sunrise Park
Pella, IA 50219

No Refunds

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

All participants must attend/compete at 1 Iowa AAU sanctioned invitational meet in the 2022-2023 season to qualify for the Iowa AAU state meet on April 29th – 30th, 2023.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

Admission: \$8.00/person, under 4 is free

Programs: \$5.00

Concessions & Shirts available

Equipment: 2 gaofei trampolines/1 gaofei double-mini/ 1 gaofei single-mini
48' Carpet Bonded Foam/84' Rod Floor

Returned checks will be charged a \$30.00 service fee.