Iowa AAU Karate

Region 7 and Iowa District Karate Championships April 22, 2023

Hosted by Iowa Shotokan Karate Do Iowa Shotokan Karate Do, Waterloo, IA

AGE GROUPS: Senior (Grades 7 - 12)

ENTRY FEE: \$55.00

ENTRY FEE PAYABLE TO: PayPal to: iowashotokankarate@yahoo.com

ENTRY DEADLINE: April 21, 2023

AWARDS: Medals for 1st, 2nd & 3rd place

RULES: AAU

ADDITIONAL INFO: Tournament Director

319-280-9227

FOR MORE INFORMATION:

Mujaga Mustafic mustaficm@aol.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.