

# 2024 AAU TAEKWONDO SOUTH CAROLINA STATE CHAMPIONSHIPS



## APRIL 20, 2024

ENTRY DEADLINE: April 13, 2024

Camden City Arena

420 Broad St, Camden, SC 29020

### COMPETITION EVENTS

#### QUALIFYING EVENTS

Olympic Sparring  
Bracketed Traditional Forms  
Sport Poomsae (Advanced & Blackbelts  
Only)

#### NON-QUALIFYING EVENTS

Board Breaking  
Traditional Weapons Forms  
Padded Weapons Sparring

#### PARA TAEKWONDO COMPETITION

ENTRY FEE: \$119 for 1 event, \$15 for each additional event. (\$99 for registration received by March 30, 2024)

***Absolutely NO registrations will be accepted after April 13, 2024***

COACH'S FEE: \$20 (Free coach with 10 competitor's and every 10 after)

SPECTATOR FEE: \$10 (3 & under FREE)

registration at [www.tourneyreg.net](http://www.tourneyreg.net)

For more information contact Audrey Crawford  
[sctaekwondo21@gmail.com](mailto:sctaekwondo21@gmail.com) or 803-735-0470

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.  
**Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.



**Note: Any contacts listed within this flyer MUST have a current valid AAU**

# GENERAL INFORMATION

<b>Presented By</b>	AAU Taekwondo & Audrey Crawford
<b>Sanctioned By</b>	The Amateur Athletic Union
<b>Schedule</b>	<p>Saturday (<b>Camden City Arena</b>)</p> <p>Approximate times, the events will depend on participants and are subject to change.</p> <p>8:00 Check in              8:30 Officials Meeting/Coaches Meeting              9:00 Welcome &amp; National Anthem              9:30 Sport Poomsae, Padded Weapons Sparring, All Bracketed Traditional Forms, All Weapons Forms, All Breaking              12:30 Lunch              1:00 Para Taekwondo              1:00 Olympic Sparring              5:00 Anticipated Finish</p> <p>Please be prepared to report for staging ON TIME!</p>
<b>Entry Fee</b>	<p>\$119 for one event, \$15 for each additional event              (\$99 for registration received by March 30              Pre-registration is mandatory at (<a href="http://www.tourneyreg.net">www.tourneyreg.net</a>)              NO REGISTRATION ACCEPTED AFTER APRIL 13</p>
<b>Awards</b>	Medals will be awards to 1 <sup>st</sup> -4 <sup>th</sup> place in each division
<b>Admission Fee</b>	\$10 Entry (ages 3 & under Free)
<b>Eligibility</b>	<p>AAU membership is mandatory, if you are not on the AAU membership roster or if you do not have your membership card, you will be required to join AAU again. You can register for membership online at <a href="http://www.aausports.org">www.aausports.org</a> or <a href="http://www.aautaekondo.org">www.aautaekondo.org</a></p>
<b>Coaches</b>	<p>In order to coach at the AAU State Taekwondo Championships, you must take and pass the online Coach's Course. <i>Coach's attire of warm-up pants and blue AAU shirt will be enforced...NO EXCEPTIONS.</i> Coach's fee is \$20 (free coach with 10 competitors and every 10 after).</p>
<b>Officials</b>	<ul style="list-style-type: none"> <li>-Mandatory 2024 Officials Certification (online)</li> <li>-Hand Signals certification (2024 in person or virtual prior to event)</li> <li>-Official attire of White shirts (or Grey AAU Referee Polo) &amp; black pants</li> <li>-Officials will be provided lunch, refreshments, stipend and hotel (if needed)</li> <li>-Please email <a href="mailto:sctaekwondo21@gmail.com">sctaekwondo21@gmail.com</a> if you are able to officiate...confirmation will be within one week of receipt</li> </ul>

# EVENTS

***We will be following AAU Taekwondo Rules Handbook, unless otherwise noted.***

<https://image.aausports.org/dnn/tw/2023/2023AAUTKDHandbook.pdf>

## **Qualifying Events:**

### **Olympic Sparring**

- KPnP electronic chest gear will be used for all 10-32 year old Advanced, and Blackbelt Divisions
- We will be using Best 2/3 Rounds
- Black Belts 15 and up: (3) 90 sec Rounds with 30 sec Rest
- All other black belts and all color belts: (3) 60 sec Rounds with 30 sec Rest

### **Sport Poomsae**

- Blackbelts only.....Individual, Pair and Team
  - Qualified Sport Poomsae judges
  - Designated Poomsae announced one week prior to competition date
- \*Sport poomsae is a WT style judged to a very specific criteria. Please make sure you are knowledgeable about the criteria before signing up.***

### **Traditional Forms**

- WT, ITF & TSD/MDK will be in one Open Traditional Division
- Bracketed Forms

## **Non-Qualifying Events:**

### **Board Breaking**

- Repetitive Spin Hook
  - Repetitive Side Kick
  - Repetitive Hand Technique (Human Hold)
  - Board Sizes: 5-13 Year Old=AAMA Demo Small; 14 and Older=AAMA Demo Medium
- Boards must be purchases at the event. \$30 for a stack of 10.***

### **Traditional Weapons Forms**

### **Padded Weapons Sparring**

***The event will be providing the weapons for this event as well as Blue/Red headgear with faceshield. Please note that individual athletes are required to provide their own safety equipment....please refer to AAU Taekwondo current rules for equipment list.***

### **Para Taekwondo**

- National Rules Apply
- Please contact Audrey Crawford at [sctaekwondo21@gmail.com](mailto:sctaekwondo21@gmail.com) or 803-735-0470 if you have an athlete wanting to compete.

***ALL ATHLETES, COACHES AND OFFICIALS SHOULD BRING THEIR AAU MEMBERSHIP CARDS IN CASE WE NEED TO CONFIRM YOUR AAU MEMBERSHIP.***