



2025 Gold Coast “Winter in Paradise”



Meet Date: January 18th -19th, 2025

Deadline: Monday, December 2nd, 2024

Host: Gold Coast Gymnastics, Inc.

Location: 1420 Rupp Lane, Lake Worth Beach, Fl. 33460
561-585-2700—E-mail: info@gcgym.com

AAU Levels: 1- 8, Open Opt.

**X-Cel: Copper, Bronze, Silver, Gold,
Plat, Diamond, Sapphire, Ladies**

All Levels- National Rules

Entry Fee: \$ 100.00

Team Fee: \$ 70.00 per Team (100% team Awards)

Awards: 50% +1 medals on events

100% All Around

100% Team

All Levels follow Florida Gold AAU award Guidelines

Entry Refund Policy- No Refunds after the deadline

- 100% refund if the Meet Host cancels the competition.
- 75% refund. If the cancellation is within 2 weeks of the competition. Ex: If the competition must be cancelled due to something out of the Meet host control such as local closures due to natural disaster, virus, or facility issue etc.
- **Substitutions-** for gymnasts of the same level are accepted up to 14 days prior to the competition start date.
- **Injury refunds** (50% of entry fee) are considered with a doctor's note 14 days prior to event date

Payments: Checks payable to: Gold Coast Gymnastics
1420 Rupp Lane, Lake Worth Beach, Fl. 33460

Send Entries: via email to info@gcgym.com

This event is licensed by the Amateur Athletic Union of the U.S. Inc. All Participants must have a current AAU Membership. AAU Membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPARED! Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.

