

# **Zachary Wings Elite Invitational**

**July 15, 2023**



**Zachary High School  
4100 Bronco Lane  
Zachary, LA 70791**

**Contact Info:  
Fredrick Boudreaux/VP of  
Board**

**James Trotter-Chairman/Head Coach**

**Email: [zacharywingselite@gmail.com](mailto:zacharywingselite@gmail.com)**

Running Events Start Time: 9:00 AM

Event	Division
3000 meter run	11, 12, 13, 14, 15-16, 17-18
1500 meter race walk	9, 10, 11, 12, 13, 14, 15-16, 17-18, 19&up
3000 meter race walk	13-14, 15-16, 17-18, 19&up
400 meter hurdles (30') & (36')	15-16, 17-18, 19&up
200 meter hurdles (30')	13-14
4x800 meter relays	9-10, 11-12, 13-14, 15-16, 17-18
80 meter hurdles	11, 12
100 meter hurdles	13, 14, (boys and girls), 15-16, 17-18
110 meter hurdles	15-16, 17-18, 19&up
50 meter dash	5, 6
100 meter dash	All age groups
800 meter run	All age groups
4x100 meter relays	All age groups
400 meter dash	All age groups
1500 meter run	9, 10, 11, 12, 13, 14, 15-16, 17-18
200 meter dash	All age groups
4x400 meter relays	All age groups

All events will be done on a rolling schedule. All events will follow the order stipulated. All running events will be finals with heats against times. If limited participants in respective age groups, then the Meet director reserves the right to combine heats.

Field Events Start Time: 8:30 AM

Event	Division
Long Jump	All ages- 8 and under, 9, 10, 11,12, 13,14, 15-16, 17-18, 19&up
High Jump	All ages- 9, 10, 11,12, 13,14, 15-16, 17-18, 19&up
Javelin	13, 14, 15-16, 17-18
Shot Put	All ages- 8 and under, 9, 10, 11,12, 13,14, 15-16, 17-18
Turbo Javelin	All ages- 8 and under, 9, 10, 11,12
Discus	11,12, 13,14, 15-16, 17-18
Triple Jump	13,14, 15-16, 17-18, 19&up

**FIELD EVENTS FOR ALL AGES WILL BE  
THREE JUMP OR THREE THOW FINAL**

# ENTRY INFORMATION AND INSTRUCTIONS

## **Entry Procedure**

1. All entries will be done electronically through [www.coacho.com](http://www.coacho.com). No exceptions.
2. No faxed or phoned entries will be accepted
3. Entry deadline is July 13, 2023 at 11:59 PM. Entries may be made as early as May 17, 2023. You may make changes as often as you wish up until the deadline.
4. This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

## **Eligibility/Entry Fees**

1. Entry fees are \$15.00 per athlete.
2. Payment must be made online through [www.coacho.com](http://www.coacho.com)
3. This meet is open to any athlete that falls within the current AAU age divisions.

## **Team/Unattached Packet Pickup**

1. Coaches can pick up their team/individual meet packet at the check in area at the front gate 1 hour prior to the first event. Packets will possibly include heat sheets, time schedule, athlete and coach wrist bands and/or bib numbers if used. Coaches' access will be provided at a rate of 1 per 10 athletes.

## **Awards**

1. Top three finishers in each event will be given their respective medals.
2. Zachary Wings Elite Invitational will be a points meet. A trophy will be awarded to the best overall team and runner up.

## **Admission**

1. General Public Admission cost is \$10.00 per person 5 years and older. Cash or credit will be accepted.

**Protests**

1. Protests relating to matters which develop during the conduct of the meet, must be made to the referee and be filed immediately, but in any case not more than 30 minutes after the results have been announced. Protests concerning the status or eligibility of any competitor must be made to the meet director during the meet or prior to the commencement of the meet. The cost of a protest is \$100.

**Parking**

1. There will be a \$5.00 paid parking area in the vicinity of the track stadium. Paid parking can be paid in cash or via cashapp. Free parking will be available in designated areas.

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.