



Governor Wrestling

Brooks Monfore

Heart of a Champion Tournament

Trackwrestling preregistration only. No walk-ins allowed. Preregistration closed January 20th at 7:30 PM

WHEN:

Sunday, January 21st, 2024

WHERE:

T.F. Riggs High School Gymnasium
1010 E Broadway Ave., Pierre, SD

TIME:

Check ins: 9:30 - 10:30

Wrestling starts at 11:00

NO WEIGH INS:

If challenged, must be within
2 lbs of registered weight.

FORMAT:

District weight classes and bracketing.
In some situations, brackets will be merged together to ensure adequate competition (not to exceed 10% body weight difference among wrestlers).

CONTACT:

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Girls Division separate if numbers allow

DIVISIONS:

Tots: Born 2018 & After

Bantam: Born 2016-2017

Midget: Born 2014-2015

Novice: Born 2012-2013

School Boy/Girl: Born 2010-2011

ADMISSIONS:

Wrestlers: \$15

Adults: \$5

Students: \$3

AWARDS:

Brooks Monfore t-shirt for champions with medals 1st-8th for tots, bantam, midget, & novice. Schoolboy t-shirt for champion only, medals 2nd-8th.

COACHING:

Mat side coaching will be allowed for all coaches with an AAU card. Mandatory coaches meeting (at 10:30 am) prior to the start of the tournament. Individuals without a valid AAU card in hand at the start of the tournament will not be allowed mat side — no exceptions. Only one coach is allowed per wrestler. **There is \$5 fee for mat side coaching.**

Concessions Available - No Coolers - Not responsible for lost or stolen items - Not responsible for accidents