

Arkansas AAU
Swimming
Arkansas Winter First Chance Swim Meet
December 2 - 3, 2023
Hosted by PAC Dolphins Swimming
Pocahontas Aquatic Club, Pocahontas, AR

AGE GROUPS: 8 & Under, 9 -10 yrs old, 11 - 12 yrs old, 13 - 14 yrs old, 15 - 18 yrs old

ENTRY FEE: \$50.00

ENTRY FEE PAYABLE TO: PAC Dolphins

ENTRY DEADLINE: November 26, 2023

SIGN UP AT: <https://www.pacdolphins.com/winter-first-chance-2023.html>

AWARDS: 1-3 AAU Medals
4-8 Ribbons
High Point Awards

RULES: AAU swim rules reverting back to the current USA Swimming guidelines.

ADDITIONAL INFO: This meet is limited to members of AAU Arkansas. If a swimmer has BB or faster times for 200 or less, they will be listed as exhibition. 200+, A times will be listed as exhibition. Formquestions please email beadolphinswimmer@gmail.com or text 870-809-1423

FOR MORE INFORMATION:
Anna Elizabeth Macdavid-Lawhon
coachannaswims@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.