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American Iron Sports Foundation Event

Welcome to the

2021 AAU Powerlifting Northern Nevada High School Championships

You must have completed your

[Athlete Bio](#)

[AAU Membership](#)

[Assumption of Risk and Release of Liability for AIG](#)

Prior to check in and registration

Volunteers must also agree to the
Assumption of risk and Release of Liability for AIG

STATE OF NEVADA REGULATIONS FOR SPORTING EVENTS

*Washoe county recommends that vulnerable populations should stay at home,
including those:*

65 years and older

With chronic lung disease or moderate to severe asthma

With serious heart conditions

That is immunocompromised

That is pregnant

Determined to be high risk by a licensed healthcare provider

- *All personnel shall screen for COVID-19 upon arrival to the establishment utilizing the NV COVID-19 Health Screening Guide"*
- *Non-Contact temperature checks upon entry to the facility*
- *All personnel shall wear face coverings at all times.*
- *Maintain 6-foot social distancing*
- *All athletes and coaches and volunteers must be pre-registered for entry into the facility and to participate in the event.*

- ***Covid Assumption of risk/Release of Liability must be completed prior to check-in by coaches and athletes***

SPECTATORS WILL NOT BE ALLOWED ENTRY FOR THIS EVENT

Rules Briefing

To manage social distancing rules we will no longer have an athletes rules briefing at our events.

You will find links to both the [Rules Brief Video](#) and [Rules Brief Document](#) on our Website.

Please use the blog on the event page to ask questions or email us at events@american-iron.com

Registration Check-in and equipment check process Friday January 22nd

ABOUT THE MEET

- [Entries and Flights](#)
- [Technical Rules Handbook](#)
- *Other information including [Weight Classes, and Divisions here](#) (page 2 and 5)*

ELIGIBILITY REQUIREMENTS

This is an open championship. There are no qualifying totals and/or competitions required to enter this championship. All lifters competing in the championship must be a member of AAU Powerlifting.

AWARDS

Awards will be presented to all 1st - 3rd place finishers, for each weight class

Schedule

Friday - January 22nd

***American Iron Gym
650 South Rock Blvd, Reno, NV 89502***

- *9 am to 11 am Check-in, Equipment Check, weigh in*

***Saturday- January 23rd
American Iron Gym
650 South Rock Blvd, Reno, NV 89502***

- *7:00 am Warm up room opens to athletes*
- *9:00 to 2:00 pm - Commencement of lifting*

This schedule is subject to change

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.