

# 2023 NCAAU Southern Championships

HOSTED BY: **NCAAU Wrestling**

DATE: **01/28/2023**

TOURNAMENT LOCATION:  
LABCITY Sports Training & Event Center  
2801 E Independence Blvd  
Charlotte North Carolina 28205

SPECTATOR FEE: **\$5 Individual \$10 Family**

WEIGH INS:

**Saturday Morning @ 7-8am**

Morning session divisions MUST weigh-in at this time Tot, Bantam, Midget. Novice, Schoolboy may weigh in at this time.

**Saturday Afternoon @ 11am-12pm**

Novice, Schoolboy, and Cadet Divisions Only

**COACHES' MEETING: @ 8:30 am (Saturday)**

**WRESTLING STARTS:**

**Morning Session @ 9:30 am**

Tot, Bantam, Midget

**Afternoon Session @ 1:00 pm**

Novice, Schoolboy

**TOURNAMENT USING: STANDARD AAU WEIGHTS**

**MATCH TIME: Tot-Midget 1 Minute Periods  
Novice, Schoolboy 1:30 Minute Periods**

**IMPORTANT WEIGH-IN INFORMATION:**

**\*\*Please bring a completed Weigh-in Card (on next page) to weigh-ins, this important to expedite the weigh-in process.**

There is no weight allowance. **Weigh-in uniform is singlet.** You will not be allowed to strip down to underclothes and You will not be allowed to leave the weigh in room to run. If you do not make the weight class you registered for, you will be allowed to move to next weight class up. There will be no refunds.

**TOURNAMENT DIRECTOR CONTACT INFO: Stan Chambers  
thematroom@yahoo.com**

**REGISTRATION FEE: \$35.00**

**REGISTRATION CUTOFF: 11:59 PM 01/27/23**

**REGISTRATION AT: [www.trackwrestling.com](http://www.trackwrestling.com)**

-This event is licensed by the Amateur Athletic Union of the U.S. Inc.

-All participants must have a current AAU membership

-AAU membership may not be included as part of the entry fee to the event.

-AAU **Youth** athletic membership must be obtained before the competition begins except where event operator has a laptop available with an internet connection. Be Prepared: **Adult and Non Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.**

-Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

- **ALL WRESTLERS AND COACHES MUST HAVE CURRENT AAU CARDS. No Pending AAU Cards Accepted**
- **ALL WRESTLERS MUST COMPLETE THIS FORM AND BRING IT THE DAY OF THE TOURNAMENT.**
- **ALL WRESTLERS SHOULD HAVE HEADGEAR AND TAPED LACES. Hair length must comply with NFHS rule 4-2-1.**
- **MOUTH PROTECTION REQUIRED IF HAVE BRACES OR ORTHODONTIC DEVICE ON TEETH.**

**Concessions Available at Facility**

**AWARDS: Medals for first 3 places!**

# Please bring this sheet to weigh-ins this is your weigh-in Card

**Standardized AAU Age division and Weight classes with first year 8th grade Cadets combined with Schoolboy**

## **Standard AAU Weights Classes\*\***

Tot	2017/after	35,40,45,50,55,HWT (75 Max)
Bantam	2015/2016	40,45,50,55,60,65,70,75, 80, 90,HWT (125 Max)
Midget	2013/2014	50,55,60,65,70,75,80,85,90,95,103,112,120,130,HWT (175 Max)
Novice	2011/2012	60,65,70,75,80,85,90,95,100,105,112,120,130,140,HWT (205 Max)
SchoolBoy/ 1st yr. Cadet	2008-2010	70,75,80,85,90,95,100,105,110,115,120,125,130,140,150,160,180, HWT (260 Max)

\*Cadet is 8<sup>th</sup> grade or below. No High School

## **Weigh-in Card**

<b>Team:</b>	
<b>Name:</b>	
<b>Date of Birth:</b>	
<b>AAU Number:</b>	

<b>Skin/Nails</b>	<b>Division</b>	<b>Weight Class</b>	<b>Weight</b>

*In consideration of your acceptance to my entry, I and my legal heirs/guardians do hereby waive and release any and all claims for damages I may have against the hosting site, organization/club, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by me in connection with the tournament named above. I have reviewed the flyer for this tournament and agree to all rules, guidelines, and additional waiver information printed.*

Wrestler Signature

Parent (Legal Guardian) Signature

Date