

# Quest Summer Classic Invitational Sat. May 25, 2024

### John Paul II High School 900 Coit Rd. Plano, TX 75075 Contact: Donnell Hobbs 469-667-4369

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site <a href="www.aausports.org">www.aausports.org</a> to obtain their membership.

# FAT Results, For ages 14 and up. Medals Awarded for 1st-3rd (TOP 3 in each age group)

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Entry Fee: \$10 per athlete, 4 events max, \$10 per spectator

Special Note: athletes will be assigned to 8U,10U, 12U,14U,16U, and 18U based on their age as of 12/31/2021. For example, if an athlete turns 11 this year they will be assigned to 12U and if an athlete turns 13 they will be assigned to 14U.

Gates will open at 7:00AM for 8U, 10U, 12U Running events and 14U, 16U, 18U Field events ONLY. Events will start at 8:00AM and continue on a rolling schedule. Young men and women (14U – 18U) running events will Start at 12 noon. 12U Long Jump will commence at 12 Noon.

## **REGISTER 14 and up on ATHLETIC.NET**

#### Schedule of events

8:00 AM Long Jump PIT 1- Female	8:00 AM Long Jump PIT 2- Male
14U, 16U, 18U	14U, 16U, 18U
8:00 AM Shot Put - Female	12n Long Jump PIT 2 Female 12U ONLY (11&12yr olds)
8:00 AM Discuss - Male	
14U, 16U, 18U	
Shot Put - Male	12n Long Jump PIT 1 Male 12U ONLY (11&12yr olds)
Dicuss - Female	
14U, 16U, 18U	
1:00 Pm Shot Put – Male 12U ONLY (11&12yr olds)	12 noon Shot Put – Female 12U ONLY (11&12yr olds

8:00 AM Running Events: Youth 8U to 12U	
4X100 girls/boys Relay 10U and 12U ONLY (9,10,11 and 12 yr olds)	
1600 Meter Run girls/boys 8U,10U,12U	
100 Meter Dash girls/boys 8U,10U,12U	
400 Meter Dash girls/boys 8U,10U,12U	
20-minute break	
200 Meter Dash girls/boys 8U,10U,12U	
800 Meter run 10U,12U	
4X4 Meter Relay, Girls/Boys 10U, 12U	
12:00 noon Running Events: Young Men and Women 14U,16U and 18U	
4 X 100m Relay Female/Male, 14U,16U,18U	
1600m Run Female/Male 14U,16U, 18U (ages may be combined)	
100 Meter Hurdles Female 14U,16U,18U	
110 Meter Hurdles Male 14U,16U,18U	
100 Meter Dash Female/Male 14U,16U,18U	
400 Meter Dash Female/Male 14U, 16U,18U	
20-minute break	
200 Meter Dash	
400 Meter Hurdles	
800 Meter Run 14U, 16U, 18U	

#### **Covid 19 - Protocol**

- All coaches, athletes or parents must sign a waiver prior to competition
- No spectators will be allowed on the field. Coaches will be assigned to a designated area to observe their athletes.
- Spectators can only view from the designated areas.
- Coaches are responsible for ensuring their athletes know their heat and lane assignments, which will be published prior to the meet.
- Athletes must exit the track immediately upon completion of their race and return to their designated area/coach/parent. Athletes will not be allowed in the warmup area once they are done competing
- Hand sanitizer will be provided to each athlete upon completion of each race
- Only coaches will be allowed to pick up medals.