



**2024 AAU OZARK
DISTRICT QUALIFIER**

June 15 & 16, 2024

Poplar Bluff High School 3209 Oak Grove Rd, Poplar Bluff, MO 63901

For Questions: Contact Meet Director, Vince Bingham 636-638-5325

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GENERAL INFORMATION

DATES

Friday June 15 and Saturday June 16, 2024

GOVERNANCE

The 2024 AAU Ozark District Qualifier Meet will be conducted under the AAU code guidelines and follow competitive rules of the NGB (USA Track & Field) as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org). This event is sanctioned by the Amateur Athletic Union of the US, Inc.

AAU MEMBERSHIP REQUIREMENTS

A current 2024 AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at www.aausports.org. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website. If you already have a 2024 AAU membership card from another AAU sport, you do not need to purchase another card. All entrants must be prepared to show their AAU cards and Birth Certificate.

HOW TO ENTER & ENTRY DEADLINES

All registrations will be conducted on-line at www.coacho.com. On-line registration will close at 11:59PM CST on Tuesday, June 10, 2024 for Multi Events and Track & Field events. ***NO ONSITE REGISTRATION IS AVAILABLE.*** A limited number of late registrations may be accepted by calling the number on the cover page of this meet flyer; a \$35 late fee will be assessed for registrations after the above described close of on-line registration.

ENTRY FEE

The registration fee is \$25.00 per athlete for the Track & Field Meet. All Entry fees MUST be paid on-line with a credit card to complete the registration process.

AGE DIVISIONS

Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.

NOTE: Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17-18 age division.

PROOF OF AGE

Proof of age may be required at District, Regional Qualifier, and National Championship events and whenever required and/or challenged. Acceptable forms of age verification include:

- Original birth certificate
- Notarized original birth certificate from the appropriate issuing authority
- US Military Government Identification Card

- Valid (not expired) passport
 - Valid US driver's license
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EVENT LIMITS

8 & under, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events.

13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events.

NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and **WILL NOT** be allowed to advance to the Regional Qualifier meet in ANY event.

RELAY LIMITS

Participation of relay teams will be limited to those clubs which hold a current (2024) valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet. Relays are conducted in the 8 & under, 10 Years, 12 Years, 14 Years, 15-16 Years, and 17-18 Years Old divisions ONLY.

The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays. **NOTE:** Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.

INCLEMENT WEATHER

The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet Information line (636-346-5793) will be updated with information as necessary.

PARKING/GATE ADMISSIONS

\$5 per automobile per day.

MEET PROGRAM

The Meet Schedule and Heat Sheets will be available on COACHO.COM

FOOD & DRINK

There will be concessions available. Medium-sized coolers may be brought into the Stadium. No glass containers are permitted. **No personal bar-b-que pits.**

T-SHIRTS

2024 AAU District Qualifier Meet T-Shirts will be on sale.

RESTROOMS

Stadium restroom facilities are located inside the stadium.

ATHLETES AND COACHES

PACKET PICK UP

At the Packet Pick Up Gate at the Stadium

Friday, June 7 from 7:00AM –10:00 AM

Saturday, June 8 from 7:00AM –10:00 AM

REPORTING FOR EVENTS

Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule. It is not the fault of the Meet Management if any athlete misses his/her event. Personal electronics (iPod's, cell phones, etc.) are NOT permitted in the competition areas. **NO EXCUSES WILL BE ACCEPTED.**

UNIFORMS

There is no specific uniform required except as follows:

- In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable.
 - The clothing must be made of a material that is not transparent even if wet.
 - Bare midriffs are not allowed. If the uniform is of a two- piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect.
 - A one-piece uniform must not allow for a bare midriff.
 - Athlete's tops must be of the same color front and back.
 - All participating relay team members must wear jersey's/tops of the same color, front and back. At Regional Qualifier and National Championships, all team participants shall wear shorts of the color, or, in the case of one-piece uniforms, the bottoms of relay team uniforms should be of the same color.
 - A competitor must wear footwear on both feet.
 - The competitors must not wear clothing that could impede the view of the judges, except in cross country, when the weather is cold.
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SPIKES

Only 1/4" spikes are allowed. Needle type spikes are prohibited. Athletes will not be allowed to compete with spikes that do not comply.

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BIBS

Each athlete will be provided a Bib Number and wristband which are required for competition and admission. The replacement fee for lost/damaged bibs or wristbands is \$10.00 each.

ACCESS TO TRACK & INFIELD

Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet. **THIS RULE WILL BE STRICTLY ENFORCED.**

WARM UP AREA

Athletes may warm-up in the designated warm up area. No warm-ups will be allowed on the track during competition.

COACHES MEETING

A Coaches' meeting will be held at 8:30 AM on Friday, June 14th at the finish line.

IMPLEMENTS

All implements to be used in competition must be checked in prior to event. Hours for implement inspection are TBA.

WEIGH-IN & INSPECTION

Athletes may use their own implements if they meet the required weight and measurement specifications. When accepted, implements become the property of the meet until that event has been completed. It is the responsibility of the athlete to pick up their implements at the conclusion of the event. The AAU Ozark will not replace implements. Competitors must provide their own Javelins. Javelins must be tagged for identification and checked in one hour prior to competition.

FALSE STARTS

Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For 8 & under, 9 Years, 10 Years, 11 Years, 12 Years, 13 Years and 14 Years Old age divisions, no penalty shall be imposed for the first false start, but the Starter shall disqualify the offender for the second false start. False starts are called on individuals, not the field. In the 15-16 Years, 17-18 Years Old age divisions, the athlete shall be disqualified upon the first false start.

PROTESTS

Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A \$50.00 cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF

Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final. **IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.**

AWARDS

First through Third place finishers in each division and event will be awarded AAU Medals.

Fourth through Sixth place finishers will be awarded ribbons. Medals may be picked up 30 minutes after the results have been posted. Coaches or parents are required to pick up all medals/ribbons for athletes under the age of 13. Relay medals must be picked up as a team, individual relay medals will not be distributed.

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ADVANCEMENT THE REGIONAL QUALIFIER MEET

All Ozark athletes are advanced directly to the Region 15 Regional Qualifier meet to be held at:

Lindenwood University 209 S.
Kingshighway, St Charles, MO
63301

MEET SCHEDULE

Poplar Bluff High School

June 15 and June 16, 2024

Saturday 15, & June 16 2024

RUNNING EVENTS (9 AM)

3000m (11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **TF**

80m Hurdles (11 G/B, 12 G/B) **Preliminary**

110m Hurdles (15-16 B, 17-18 B, Open) **Preliminary**

100m Hurdles (13 G/B, 14 G/B, 15-16G, 17-18G, Open) **Preliminary**

100m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **Preliminary**

1500m Race Walk (9 G/B, 10 G/B, 11 G/B, 12 G/B) **TF**

3000m Race Walk (13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **TF**

4x100m Relay (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B) **TF**

800m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **TF**

200m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **Preliminary**

FIELD EVENTS

(9:00A)

Shot Put (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open)

High Jump (Open, 17-18 G/B, 15-16 G/B, 14 G/B, 13 G/B, 12 G/B, 11 G/B, 10 G/B, 9 G/B)

12:00 PM

Turbo Javelin (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B)

Javelin (13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open)

SATURDAY, June 16, 2024

RUNNING EVENTS (9 AM)

4x800m Relay (9-10 G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 G/B) **TF**

80m Hurdles (11 G/B, 12 G/B) **Final**

110m Hurdles (15-16 B, 17-18 B, Open) **Final**

100m Hurdles (13 G/B, 14 G/B, 15-16G, 17-18G, Open) **Final**

100m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **Final**

400m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **TF**

1500m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **TF**

200m Hurdles (13 G/B, 14 G/B) **TF**

400m Hurdles (15-16 G/B, 17-18 G/B, Open) **TF**

200m (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) **Final**

4x400m Relay (9-10 G/B, 11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 G/B) **TF**

FIELD EVENTS (9:00A)

Discus (11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open)

Long Jump (8U G/B, 9 G/B, 10 G/B, 11 G/B, 12 G/B, 13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open)

Pit 1 Girls/Pit 2 Boys

Triple Jump (13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open) Pit 1 Girls/Pit 2

Boys (**Following Long Jump**)

Pole Vault (13 G/B, 14 G/B, 15-16 G/B, 17-18 G/B, Open)

AAU Ozark District Qualifier Event Information Updated October 1, 2024