

# COUGAR CLASSIC (ROOKIE)

HOSTED BY CANNON WRESTLING CLUB



**DATE:** Sunday, December 8, 2023

**LOCATION:** Cannon School, 5801 Poplar Tent Rd, Concord NC 28027

**TIME:** 1:00-Mandatory Check-in Time; Wrestling runs from 2:00 pm until conclusion

**SPECTATOR FEE:** \$10 Family, \$5 General Admission

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**REGISTRATION FEE:** \$25.00

**REGISTRATION CUTOFF:** 2:00 pm Saturday, December 7, 2024 or when registration limit is reached.

Note: There will be no entries allowed beyond this deadline.

**REGISTRATION LIMIT:** 300

**REGISTER AT:** [www.trackwrestling.com](http://www.trackwrestling.com)

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- This event is licensed by the Amateur Athletic Union of the U.S. Inc.
  - All participants must have a current AAU membership
  - AAU membership may not be included as part of the entry fee to the event.
  - AAU Youth athletic membership must be obtained before the competition begins. Be prepared: Adult and non-athlete memberships are no longer instant and cannot be applied for at an event. Please allow 10 days for membership to be processed.
  - Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
  - ALL WRESTLERS MUST HAVE HEADGEAR AND TAPED LACES. Hair length must comply with NFHS rule 4-2-1.
  - MOUTH PROTECTION REQUIRED if have braces or orthodontic device on teeth.
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**WEIGH-INS:** Honor System

**TOURNAMENT USING:** Standard 2025 AAU Weights ([click here](#))

**MATCH TIMES:** Schedule for Tot, Bantam, Midget, Novice, Schoolboy/girl & Cadet Divisions (Separate Divisions for Boys and Girls this Year) Match Times for all age groups: 3 1-minute periods (running clock)

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**DEFINITION OF A ROOKIE:** 2 seasons or less of experience.

Please stick to the spirit of this competition so that kids who are learning the sport have a chance to improve. There will be no podiums, arms raised, or titles won at this competition. The purpose of this day is to grow the sport and to cultivate a love of wrestling for all kids who participate.

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**TOURNAMENT DIRECTOR CONTACT:** Solomon Fleckman at [sfleckman@cannonschool.org](mailto:sfleckman@cannonschool.org)