

5th Annual Block Explosion
Track & Field
Thursday June 15th 2023
East Peoria II.



DATE: June 15th, 2023

LOCATION: Eastside Centre
1 Eastside Dr.
East Peoria Il. 61611

HOST: Greg sanders, 309-472-4741 ph, 1nemotion309@gmail.com
www.youremail.com

ENTRY DEADLINE: June 12, 2023

FEE: \$25 per athlete

AGE: 4- 19 (age as of 12/31/23)

TIME: 9am - 1pm

ORDER OF EVENTS

Running Events start at 10AM

1500m Run	4 x 100 M	400 M Hurdles
100 M Hurdles girls	800 M	200 M
110 M Hurdles boys	4 x 200 M	4 x 400 M
100 M	400 M	Field Events* LJ, TJ, Shot, Disc 9am

*Competitors should bring their own implements to be used at Meet.

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:
Greg Sanders
309-472-4741 | 1nemotion309@gmail.com