

**Southeastern AAU**  
**Gymnastics**  
**ALABAMA State Beach Meet**  
**March 19, 2022**  
**Hosted by Flip City Academy**  
**Flip City Academy, Foley, AL**

**AGE GROUPS:** Youth Level 1, Youth Level 2, Youth Excel Bronze, Youth Excel Silver, Youth Excel Gold,

**ENTRY FEE:** \$50.00

**ENTRY FEE PAYABLE TO:** Flip City

**ENTRY DEADLINE:** February 25, 2022

**AWARDS:** 50% for events  
100% for AA  
Banner for Team Champs  
Trophy for 2nd-4th place teams

**RULES:** Age Groups TBD after entries received

**ADDITIONAL INFO:** Limited Seating  
\$5 admission  
Concession Available

**FOR MORE INFORMATION:**

Lisa Dot Mears  
flipcityfoley@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

**BE PREPARED:** Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.