Southern AAU Karate

2025 District 9 AAU Super Regionals

May 31, 2025

Hosted by Joey Giluso

Ponchatoula Karate Center, HAMMOND, LA

AGE GROUPS: 5-17 Yrs Old, 18-34 Yrs Old, 35 + Yrs Old

ENTRY FEE: \$60.00

ENTRY FEE PAYABLE TO: Joey Giluso

ENTRY DEADLINE: May 24, 2025

AWARDS: AAU Regional Medals will be awarded

RULES: AAU Rules

FOR MORE INFORMATION:

Joseph Xavier Giluso jgiluso@gmail.com

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.