



New Haven Track Classic- William Thompson Meet

Sunday January 20, 2019
Floyd Little Athletic Center
(Hillhouse High School)
480 Sherman Pkwy, New Haven, Ct. 06511
Hosted by: [New Haven Age Group Track Club](#)

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

ON-LINE PRE-REGISTRATION ONLY! - WWW.CoachO.COM

AAU membership required. Go to www.aauathletics.org

[Entry deadline – January 17, 2019](#)

Packet pick up – 8:00 a.m

Meet begins at 9:30 a.m

Meet Director: Major Ruth

License – AAU

Double Age Divisions - (based on year of Birth): 8 and under (2011 or younger), 9-10 (2009-2010), 11-12 (2007-2008), 13-14 (2005-2006), 15-16 (2003-2004)

Entry Fee: \$4 per event - \$20 per relay

Entry Limit: 3 events per athlete, including relay (13 yrs. and older are allowed to enter 4 events)

Order of Events:

Races will run in order, with no specific start times after the first event.
Order is girls then boys. Age groups and boys/ girls may be combined.

9:30 am Field Events

Long Jump - All - no finals (3 Jumps)

Shot Put - All - no finals (3 Throws)

High Jump - All - no finals

10:00 am Track Events

1500 Meters - All

400 Meters - All

55 meters - All

55 HH - 9-10(24in), 11-12 and 13-14G(30in) 13-14B and 15-16G(33in) 15-16B(39in)

800 meters (All)

200 Meters (All)

**Sprint Medley Relay (200-200-400-800)

**All team members must be same sex and age division. Relay form must be submitted.

Awards: 1st-3rd place - Medals.

Transportation information

New Haven Fieldhouse at James Hillhouse High School - 480 Sherman Pkwy New Haven, Ct.

From I 95 North or South:

1. NOTE: Exit #47 North bound on I 95 is a left lane exit. Take exit # 47 (Downtown New Haven - Route 34) onto expressway. Take last exit on expressway (#3). Continue straight on the 34 connector (Legion Ave.) for .7 miles. Take a right onto Sherman Ave. Stay on Sherman Ave. which turns into Sherman Parkway for .9 miles. James Hillhouse High School (New Haven Fieldhouse) is on left.

From I 91 South:

Take exit #1 (Downtown New Haven - Route 34) onto expressway. Take last exit on expressway (#3). Continue straight on the 34 connector (Legion Ave.) for .7 miles. Take a right onto Sherman Ave. Stay on Sherman Ave. which turns into Sherman Parkway for .9 miles. James Hillhouse High School (New Haven Fieldhouse) is on left.

From Rt. 15 (Wilbur Cross Parkway):

Take exit 59. Turn right onto Whalley Avenue (continue towards New Haven approx. 2.5 miles). Take left onto Sherman Parkway (a large Exxon is after the intersection on right). Continue straight for .3 miles. James Hillhouse High School (New Haven Fieldhouse) is on left.

Public Transit

Metro North Transit to New Haven takes about 1hr 15 minutes from Grand Central Station. I recommend taking a cab from the train station to the track. It's less than 5 miles.

This is a link to MTA for the train schedule:

http://as0.mta.info/mnr/schedules/reverse_trip.cfm

For updates please check the New Haven Age Group Track Club website:

<http://www.newhavenagegrouptrack.org>