



New Year's 2021 Breakout Junior Viking Wrestling Tournament

"It's going to be a great year!"

Sunday, January 17th, 2021 • AAU-Sanctioned Event

Location: Francis Howell High School, 7001 South Hwy 94, Saint Charles, MO 63304

PLEASE READ THOROUGHLY, AS THERE HAVE BEEN MANY ADJUSTMENTS MADE TO OUR STANDARD TOURNAMENT FORMAT DUE TO COVID-19 CONCERNS AND BUILDING REQUIREMENTS. YOUR COMPLETE COOPERATION IS REQUIRED

The tournament will run in four sessions: 1) Tots & Bantams, 2) Midgets, 3) Novices, 4) Schoolboys & Cadets. Each session will be limited to a maximum of 150 entrants.

TENTATIVE schedule is as follows:

8 a.m. Building opens to Tots & Bantams only
9 a.m. Tots & Bantams begin
11 a.m. Midgets begin
1 p.m. Novices begin
3 p.m. Schoolboys & Cadets begin

AAU Age Divisions for 2020-21

<u>Division</u>	<u>Birth Years</u>
Tot	2015 and after
Bantam	2013 & 2014
Midget	2011 & 2012
Novice	2009 & 2010
Schoolboy	July 1, 2007 - Dec. 31, 2008
Cadet	Jan. 1, 2005 - June 30, 2007

Each wrestler competing may be accompanied by one adult only. No additional spectators will be admitted. All wrestlers and adults will be subject to a temperature screening prior to check-in inside the main doors. Masks (covering nose and mouth) must be worn for the duration of the session except while wrestling.

In addition, each club may bring one additional coach for each group of five wrestlers on its tournament roster. For example, 1-5 wrestlers = one coach, 6-10 wrestlers = 2 coaches, 11-15 wrestlers = 3 coaches. All coaches must also check in upon arrival. Once a club's allocation has been checked in, no additional coaches from that club will be admitted, so please coordinate well with your club coaches.

Each group will be admitted separately and we will clear the building before the next group is admitted. When a group has been cleared and surfaces recleaned, the building will open to the wrestlers for the next session. All tournament registrants should follow the tournament's Facebook @FrancisHowellJrWrestling or @Howellwrestling twitter page for scheduling updates. We will use this page and Twitter to post any schedule updates and to let participants know when they are allowed to enter the building for their session. There will be NO in/out during a session. If you leave the building, you will not be readmitted to that session.

Registration: Should be sent to kevin.stroh@fhsdschools.org. Deadline is noon on Jan 6th. Note that each session will accept only 150 entries. Weights should be taken at your facility after practice. **Please submit accurate weights verified by club coaches.**

Cost: \$30 per wrestler. Individuals should pay their club; each club should submit **one check per team**, payable to FH Wrestling, at the first session of the day for their entrants. Individuals who do not have a club will pay at check-in. Once registration has closed, registrants are responsible for paying their fee even if they do not attend. If the tournament were to be canceled, all registration fees would be refunded to entrants.

Format: Wrestlers in each division will be grouped by weight and experience rating. When you register, you will be asked to rate each of the wrestlers on your roster based on their experience/success level. 4=Beginner (first year only), 3=Fair, 2=Average, 1=Excellent. Since there was not a complete season last year, use your best judgment when assigning ratings.

We will do our best to group wrestlers by experience. **Beginners are encouraged to compete and will be bracketed with other beginners. "Beginner" is defined as first-year wrestler.**

Four- to five-man round-robins will be used in most cases.

Awards: Medals to top three place winners in each bracket.

Admission: FREE

A limited concession stand will be available all day, including drinks and prepackaged snacks.

***Please be conscientious and help show that wrestling tournaments can be hosted responsibly.**

If you or your wrestler are not feeling well the day of the tournament, if you exhibit any of the below symptoms, or if you have been exposed to someone who has tested positive and are quarantined, PLEASE DO NOT ATTEND.

- Temperature of 100.4 or above Chills
- Dry cough Headache
- Congestion New loss of taste or smell
- Body aches unrelated to exercise Runny nose
- Shortness of breath Unusual fatigue

**For tournament-related questions, e-mail: fhjrvikingswrestling@gmail.com or call/text
Scott Corley @ 314-486-8190**

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an Internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.