



[Jersey City Rec/NJ-AAU](#)

[Youth Development Series](#)

**Jersey City Armory
678 Montgomery St., Jersey City, NJ
December 1, 2019
Start Time 9:00 AM**

Order of Events:

<u>Dec. 1, 2019</u>	
<i>4x200M Relay (All Divisions)*</i>	
<i>1500M Run (All Divisions)*</i>	
<i>400M Dash (All Divisions)*</i>	
<i>55M Dash (All Divisions)</i>	
<i>55M Hurdles (11-12 & up)</i>	
<i>800M Run (All Divisions)*</i>	
<i>200M Dash (All Divisions)</i>	

**Does not include 5-6 division*

Field Events:

Shot Put (All Divisions) **Bring your own implement!**
High Jump (9-10 & up)*

Registration: www.CoachO.com

Registration Fee: \$8.00 per event; \$28.00 per relay

Registration Deadline: 11:59 PM, November 29, 2019

Awards: 1st – 6th places

Contact: jcarmorytrack@gmail.com

All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event.
AAU Youth Athlete membership must be obtained before the competition begins, except where the event is licensed by the Amateur Athletic Union of the U.S., Inc. operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.

Note: any contacts listed within this flyer MUST have a current AAU Membership.