

GC DIVERS Local club series
Sept 30, 2023
Southlake, TX

Facility: Elise Cerami Aquatic Center (Southlake Carroll ISD Natatorium)
1501 W. Southlake Blvd, Southlake, TX 76092
1-meter-(2) Model B on Cement Stands
3-meter-(2) Model B on Cement stand stands
Pool depth 13 ft depth

Meet Director:
Krista Klein
817-891-0171 cell
gcdivers@msn.com

Registration: www.divemeets.com

\$40 event registration fee

Online event registration closes at 11am Wednesday 27th.

Dive changes must be made online before the online registration ends. Deck dive changes are \$30 each.

Deck Entries (late entries) are \$50 plus the event fee.

Awards: Medals will be awarded to places 1-8.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- **Note: any contacts listed within this flyer MUST have a current AAU Membership.**

Rules: Invitational rules

Group E (9 & U) - **Boys and Girls** 3 vols, 1 opt Vols Max 1m 5.4, 3m 5.4

Group D (10-11) - **Boys and Girls** 3 vols, 2 opts. Vols Max 1m 5.4, 3m 5.4

Group C (12-13), Group B (14-15), Group A/A+ (16-18/19+) - **Girls** 4 Vols, 2 opts. **Boys** 4 vols, 2 opts.

Novice – 5 dives **with** d.d.- Skill dives may be used.

Future Champion – 5 dives - **no d.d.**- Skill dives may be used.

Practice times: There will be a group warm up prior to the event. Times will be posted once the online entries have ended.

Saturday, September 30, 2023 9am Start

8:00 Open warm up 9:00 start

Event 1: 9:30 start

Nov/FC	9U/10-11	Girls 1 meter
Nov/FC	9U, 10-11	Boys 3 meter
Nov/FC	12-13	Boys 3meter
Nov/FC	12-13	Girls 1 meter

Event 2: 30 Minute warm up

Nov/FC	14 older	Girls 1 meter
Nov/FC	14 older	Boys 3 meter

Event 3: 30 Minute Warm up

J.O. 9u/10-11 Girls and boys 1 meter
J.O. 12-13/14 older Girls and boys 3 meter

Event 4: 30 minute warm up

Nov/FC	9U/10-11	Girls 3 meter
Nov/FC	9U, 10-11	Boys 1 meter
Nov/FC	12-13	Boys 1 meter
Nov/FC	12-13	Girls 3 meter

Event 5: 30 Minute warm up

Nov/FC	14 older	Girls 3 meter
Nov/FC	14 older	Boys 1 meter

Event 6: 30 Minute Warm up

J.O. 9u/10-11 Girls and boys 3 meter
J.O. 12-13/14 older Girls and boys 1 meter